Individual Best Times (All Time)

Erin Haselwood - (1447490) - Stowmarket SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---------------------------------------|---------------------|-----------------|-------|
| 6:06.65 | 251 | F | 15/09/23 | Stowmarket SC Club Championships 2023 | Stowmarket | | 4 |
| 6:37.86 | 196 | F | 12/09/22 | Stowmarket Club Championships 2022 | Mid Suffolk Leisure | | 4 |
| 8:09.49 | 105 | F | 08/10/21 | Stowmarket SC Club Championships | Stowmarket | | 4 |
| 8:53.22 | 81 | F | 14/07/21 | Stowmarket | Mid Suffolk | | 0 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---------------------------------------|---------------------|-----------------|-------|
| 6:06.65 | 251 | F | 15/09/23 | Stowmarket SC Club Championships 2023 | Stowmarket | | 4 |
| 6:37.86 | 196 | F | 12/09/22 | Stowmarket Club Championships 2022 | Mid Suffolk Leisure | | 4 |
| 8:09.49 | 105 | F | 08/10/21 | Stowmarket SC Club Championships | Stowmarket | | 4 |
| 8:53.22 | 81 | F | 14/07/21 | Stowmarket | Mid Suffolk | | 0 |

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