Individual Best Times (All Time)

Ruth Poyntz-Wright - (1443884) - Gloucester City SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:09.55	357	F	16/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park		3
3:13.45	336	F	17/12/22	City of Bristol L3 Christmas Cracker Meet 2022	Bristol		3
3:15.02	328	F	19/03/23	Gloucester City SC Spring L3 Open Meet 2023	Gloucester		3
3:16.40	321	F	02/07/23	Gloucetser City SC Summer L3 Open Meet	Gloucester		3
3:17.30	317	F	15/10/22	Gloucetser City Swimming Club L2 Autumn Open Meet	Gloucetser		2
3:24.42	285	F	03/07/22	Gloucester City Swimming Club Summer L3 Open Meet	Gloucester		3
3:34.59	246	F	04/06/22	Severnside Tritons Ange Marling Memorial L3 Meet	Hutton Moor LC		3
3:38.65	233	F	19/03/22	Gloucester City SC Spring Level 3 Open Meet	Gloucester		3
3:49.09	202	F	31/10/21	City of Bristol Early Bird Meet	Bristol		3
4:11.62	152	F	17/11/19	Severnside Tritons November Sparkler	Gloucester	Gloucester	3
4:29.45	124	F	08/12/19	Gloucester City Swim Skills Championships	Gloucester	Gloucester	4
4:32.50	120	F	20/07/19	Summer Level 3 Open Meet	Gloucester	Gloucester	3

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| 4:32.50 | 120 | F | 20/07/19 | Summer Level 3 Open Meet | Gloucester | Gloucester | 3 |

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