Individual Best Times (All Time)

Ruth Poyntz-Wright - (1443884) - Gloucester City SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:57.57	379	F	21/10/23	Gloucester City SC Autumn L2 Open Meet 2023	Gloucester		2
6:02.52	364	F	19/03/23	Gloucester City SC Spring L3 Open Meet 2023	Gloucester		3
6:05.26	356	F	17/03/24	Gloucester City SC Spring L3 Open Meet	Gloucester		3
6:11.37	338	F	15/10/22	Gloucetser City Swimming Club L2 Autumn Open Meet	Gloucetser		2
6:15.53	327	F	18/12/22	City of Bristol L3 Christmas Cracker Meet 2022	Bristol		3
6:29.58	293	F	03/07/22	Gloucester City Swimming Club Summer L3 Open Meet	Gloucester		3

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