## Individual Best Times (All Time)

Grace Macdonald - (1441022) - Grantham SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet  | Venue         | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------------|-----------------|-------|
| 2:14.25 | 695    | Н     | 03/02/24 | Lincolnshire County Championships 2024            | Louth         | Grantham        | 2     |
| 2:15.65 | 674    | Н     | 15/12/23 | Swim England Winter Championships 2023            | Sheffield     | Grantham        | 2     |
| 2:16.51 | 661    | Н     | 05/11/23 | SE EM Short Course Championships 2023             | Nottingham    | Grantham        | 2     |
| 2:17.60 | 645    | F     | 05/11/23 | SE EM Short Course Championships 2023             | Nottingham    | Grantham        | 2     |
| 2:19.15 | 624    | Н     | 04/02/23 | Lincolnshire County Championships 2023            | Louth         | Grantham        | 2     |
| 2:21.40 | 595    | Н     | 03/12/22 | National Winter Championships 2022                | Sheffield     | Grantham        | 2     |
| 2:21.50 | 593    | Н     | 19/11/22 | Nova Centurion November Meet                      | Nottingham    | Grantham        | 2     |
| 2:23.33 | 571    | Н     | 06/11/22 | SE East Midlands Regional SC Championships 2022   | Nottingham    | Grantham        | 2     |
| 2:23.39 | 570    | F     | 06/11/22 | SE East Midlands Regional SC Championships 2022   | Nottingham    | Grantham        | 2     |
| 2:25.52 | 546    | Н     | 17/09/22 | Grantham SC Club Championships 2022               | Grantham      | Grantham        | 3     |
| 2:35.78 | 445    | Н     | 06/02/22 | Lincolnshire ASA County Championships             | Louth         | Grantham        | 2     |
| 2:42.39 | 392    | Н     | 14/11/21 | Grantham & Deepings Joint Winter Championships 21 | Grantham      | Grantham        | 3     |
| 2:53.65 | 321    | Н     | 21/07/21 | Calverton & Bingham                               | Bingham       | Calv Bing       | 0     |
| 3:07.05 | 257    | Н     | 20/10/19 | Peter Jervis Open Meet                            | Retford       | Calv Bing       | 3     |
| 3:07.95 | 253    | Н     | 14/07/19 | Nottinghamshire A.S.A. Summer Gala 2019           | Harvey Hadden | Calv Bing       | 3     |

## Swims in Date Order

| Time                     | WA Pts   | Round | Date     | Meet  | Venue      | Club Swam Under              | Level        |
|--------------------------|----------|-------|----------|---|------------|------------------------------|--------------|
| 2:14.25                  | 695      | Н     | 03/02/24 | Lincolnshire County Championships 2024          | Louth      | Grantham                     | 2            |
| 2:15.65                  | 674      | Н     | 15/12/23 | Swim England Winter Championships 2023          | Sheffield  | Grantham                     | 2            |
| 2:17.60                  | 645      | F     | 05/11/23 | SE EM Short Course Championships 2023           | Nottingham | Grantham                     | 2            |
| 2:16.51                  | 661      | Н     | 05/11/23 | SE EM Short Course Championships 2023           | Nottingham | Grantham                     | 2            |
| 2:19.15                  | 624      | Н     | 04/02/23 | Lincolnshire County Championships 2023          | Louth      | Grantham                     | 2            |
| 2:21.40                  | 595      | Н     | 03/12/22 | National Winter Championships 2022              | Sheffield  | Grantham                     | 2            |
| 2:21.50                  | 593      | Н     | 19/11/22 | Nova Centurion November Meet                    | Nottingham | Grantham                     | 2            |
| 2:23.39<br>Copyright 202 | 570<br>4 | F     | 06/11/22 | SE East Midlands Regional SC Championships 2022 | Nottingham | Grantham<br>Powered By SPORT | 2<br>SYSTEMS |

|         |     |   |          |   |               |           | Page 2 / 2 |
|---------|-----|---|----------|---|---------------|-----------|------------|
| 2:23.33 | 571 | Н | 06/11/22 | SE East Midlands Regional SC Championships 2022   | Nottingham    | Grantham  | 2          |
| 2:25.52 | 546 | Н | 17/09/22 | Grantham SC Club Championships 2022               | Grantham      | Grantham  | 3          |
| 2:35.78 | 445 | Н | 06/02/22 | Lincolnshire ASA County Championships             | Louth         | Grantham  | 2          |
| 2:42.39 | 392 | Н | 14/11/21 | Grantham & Deepings Joint Winter Championships 21 | Grantham      | Grantham  | 3          |
| 2:53.65 | 321 | Н | 21/07/21 | Calverton & Bingham                               | Bingham       | Calv Bing | 0          |
| 3:07.05 | 257 | Н | 20/10/19 | Peter Jervis Open Meet                            | Retford       | Calv Bing | 3          |
| 3:07.95 | 253 | Н | 14/07/19 | Nottinghamshire A.S.A. Summer Gala 2019           | Harvey Hadden | Calv Bing | 3          |
|         |     |   |          |   |               |           |            |