

Individual Best Times (All Time)

Jack Arnold - (1427521) - Millfield - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|---------------|-----------------|-------|
| 43.62 | 187 | H | 09/02/20 | Swim Wales West Regional Championships | Haverfordwest | Swansea Aq | 2 |
| 44.25 | 179 | F | 09/02/20 | Swim Wales West Regional Championships | Haverfordwest | Swansea Aq | 2 |
| 45.00 | 170 | F | 05/10/19 | Llanelli Autumn Meet 2019 | Llanelli | Swansea Aq | 3 |
| 46.06 | 158 | F | 02/11/19 | CoC Keith Bewley Memorial Sprint Meet | Cardiff | Swansea Aq | 2 |
| 46.67 | 152 | F | 07/04/19 | Swansea Aquatics 2019 Summer Junior Development | Penlan | Swansea Aq | 3 |
| 46.77 | 151 | F | 14/07/19 | City of Swansea Summer Junior Development Meet | Penlan | Swansea Aq | 3 |
| 47.49 | 145 | F | 10/02/19 | Swim Wales West Regional Championships | Haverfordwest | Swansea Aq | 2 |
| 49.11 | 131 | H | 10/02/19 | Swim Wales West Regional Championships | Haverfordwest | Swansea Aq | 2 |
| 54.10 | 98 | F | 06/10/18 | Llanelli Autumn Meet 2018 | Llanelli | Swansea Aq | 3 |
| 55.45 | 91 | F | 30/09/18 | Swansea Aquatics Club Championships | Penlan | Swansea Aq | 3 |
| 58.30 | 78 | F | 17/06/18 | SW West Region Junior Development Meet | Carrmarthen | Swansea Aq | 3 |

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