# Individual Best Times (All Time)

**Joshua Atotileto - (1422861) - Newham & University of East Lond - 400 Individual Medley - Short Course**

**Performance Graph**

Drag to Zoom, right click to reset.

**Swims in Time Order**

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|------|--------|-------|------|------|-------|-----------------|-------|
| 5:07.21 | 446 | F | 08/12/19 | Christmas at The Blue Light Pool 2019 | Becontree | Bo Newham | 3 |
| 5:09.28 | 437 | H | 23/01/22 | Swim England Essex Age Group Championships 2022 | Basildon | Bo Newham | 2 |
| 5:11.52 | 428 | H | 11/12/21 | Romford Town SC Christmas Cracker Meet 2021 | London | Bo Newham | 3 |
| 5:37.25 | 337 | F | 27/06/21 | Newham & University of East London | East Ham | | 0 |
| 5:47.03 | 309 | F | 30/05/21 | Newham & University of East London (UEL) | East Ham LC | | 0 |
| 5:47.92 | 307 | F | 12/10/19 | NUEL Early County Qualifier Open Meet 2019 | London Aquatic Ctr | Bo Newham | 3 |

**Swims in Date Order**

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|------|--------|-------|------|------|-------|-----------------|-------|
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