

Individual Best Times (All Time)

Raef Newton - (1420169) - Beau Sejour Barracuda SC - 50 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|---|-------------------|-----------------|-------|
| 37.64 | 291 | F | 21/10/23 | Calligo Tigers Jersey 42nd October Open Meet 2023 | Les Quennevais | | 3 |
| 38.19 | 278 | F | 24/11/23 | Guernsey SC Island Swimming Championships 2023 | St Sampsons HS | | 3 |
| 38.27 | 277 | F | 11/06/23 | The Beau Sejour Barracudas 33rd Open Meet 2023 | Amherst, Guernsey | | 3 |
| 40.48 | 234 | F | 04/03/23 | Guernsey GASA 50 & 100 Sprint Gala 2023 | Amherst, Guernsey | | 3 |
| 40.95 | 226 | F | 02/03/24 | Guernsey ASA 50 Sprint Gala 2024 | Guernsey | Beau Sejour | 3 |
| 41.09 | 223 | F | 22/10/22 | Calligo Tigers (Jersey) SC 41st October Open Meet | Les Quennevais | | 3 |
| 41.36 | 219 | F | 09/07/22 | Jersey SC 19th Graded Sprint Meet | Les Quennevais | | 4 |
| 41.57 | 216 | F | 25/11/22 | Guernsey SC Island Swimming Championships 2022 | Beau Sajour LC | | 3 |
| 41.62 | 215 | F | 02/04/22 | Channel Island Championships 2022 | Les Quennevais | | 3 |
| 41.82 | 212 | F | 12/06/22 | The Beau Sejour Barracudas 32nd Open Meet | Beau Sejour | | 3 |
| 42.73 | 199 | F | 15/10/22 | Beau Sejour Barracudas The Oak Series 2022 | Beau Sejour | | 4 |
| 43.29 | 191 | F | 03/07/21 | GASA 50m Sprint Gala | Guernsey | | 4 |
| 43.51 | 188 | F | 27/11/20 | The Island Swimming Championships | St Sampsons High | | 3 |
| 43.57 | 187 | F | 26/11/21 | Guernsey SC The Island Swimming Championships | St Sampsons High | | 3 |
| 43.65 | 186 | F | 12/05/21 | The National Arena Junior Swimming League | Guernsey | | 4 |
| 43.65 | 186 | F | 12/05/21 | Beau Sejour Barracudas | Beau Sejour | | 0 |
| 43.90 | 183 | F | 16/06/21 | The National Arena Junior Swimming League | Guernsey | | 4 |
| 43.90 | 183 | F | 16/06/21 | Beau Sejour Barracudas | Amherst, Guernsey | | 0 |
| 43.96 | 182 | F | 05/03/22 | Guernsey ASA 50m Sprint Gala | Beau Sejour | | 4 |
| 44.10 | 181 | F | 14/07/21 | The National Arena Junior Swimming League | Guernsey | | 4 |
| 45.58 | 164 | F | 29/02/20 | GASA 50m Sprint Gala | Guernsey | Beau Sejour | 4 |
| 45.64 | 163 | F | 26/09/20 | Beau Sejour Barracudas LBG The Oak Series | Guernsey | | 4 |
| 46.29 | 156 | F | 30/11/19 | Channel Island Championships | Guernsey | Beau Sejour | 2 |
| 46.41 | 155 | F | 25/10/19 | Calligo Tigers Annual Autumn Open Meet 2019 | St Brelade | Beau Sejour | 2 |
| 46.62 | 153 | H | 18/05/19 | Guernsey Annual Junior Meet 2019 | St Sampsons | Beau Sejour | 4 |
| 46.91 | 150 | F | 06/07/19 | 18th ANNUAL GRADED SPRINT MEET | LES QUENNEVAIS | Beau Sejour | 4 |
| 47.45 | 148 | F | 18/05/19 | Guernsey Annual Junior Meet 2019 | St Sampsons | Beau Sejour | 4 |

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|---------|-----|---|----------|--|--------------------|-------------|---|
| 47.13 | 140 | F | 10/03/19 | Guernsey Annual Junior Meet 2019 | St Sampsons | Beau Sejour | 4 |
| 48.11 | 139 | F | 09/06/19 | The Barracudas 31st Oak Open Meet 2019 | Guernsey | Beau Sejour | 2 |
| 48.81 | 133 | F | 10/03/19 | Guernsey Amateur Swimming Association LBG | St Sampsons | Beau Sejour | 4 |
| 49.02 | 131 | F | 22/03/19 | Rothschild Island Championships | St Sampsons School | Beau Sejour | 3 |
| 49.19 | 130 | F | 13/03/19 | Beau Sejour Barracudas Oak Series 2019 | Guernsey | Beau Sejour | 4 |
| 55.25 | 92 | F | 07/07/18 | Jersey 17th Annual Graded Sprint Meet | Les Quennevais | Beau Sejour | 4 |
| 1:05.25 | 55 | F | 07/03/18 | Beau Sejour Barracudas LBG Club Championships 2018 | Guernsey | Beau Sejour | 4 |

Swims in Date Order

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|---------|--------|-------|----------|--|--------------------|-----------------|-------|
| 40.95 | 226 | F | 02/03/24 | Guernsey ASA 50 Sprint Gala 2024 | Guernsey | Beau Sejour | 3 |
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| 41.82 | 212 | F | 12/06/22 | The Beau Sejour Barracudas 32nd Open Meet | Beau Sejour | | 3 |
| 41.62 | 215 | F | 02/04/22 | Channel Island Championships 2022 | Les Quennevais | | 3 |
| 43.96 | 182 | F | 05/03/22 | Guernsey ASA 50m Sprint Gala | Beau Sejour | | 4 |
| 43.57 | 187 | F | 26/11/21 | Guernsey SC The Island Swimming Championships | St Sampsons High | | 3 |
| 44.10 | 181 | F | 14/07/21 | The National Arena Junior Swimming League | Guernsey | | 4 |
| 43.29 | 191 | F | 03/07/21 | GASA 50m Sprint Gala | Guernsey | | 4 |
| 43.90 | 183 | F | 16/06/21 | The National Arena Junior Swimming League | Guernsey | | 4 |
| 43.90 | 183 | F | 16/06/21 | Beau Sejour Barracudas | Amherst, Guernsey | | 0 |
| 43.65 | 186 | F | 12/05/21 | Beau Sejour Barracudas | Beau Sejour | | 0 |
| 43.65 | 186 | F | 12/05/21 | The National Arena Junior Swimming League | Guernsey | | 4 |
| 43.51 | 188 | F | 27/11/20 | The Island Swimming Championships | St Sampsons High | | 3 |
| 45.64 | 163 | F | 26/09/20 | Beau Sejour Barracudas LBG The Oak Series | Guernsey | | 4 |
| 45.58 | 164 | F | 29/02/20 | GASA 50m Sprint Gala | Guernsey | Beau Sejour | 4 |
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| 46.41 | 155 | F | 25/10/19 | Calligo Tigers Annual Autumn Open Meet 2019 | St Brelade | Beau Sejour | 2 |
| 46.91 | 150 | F | 06/07/19 | 18th ANNUAL GRADED SPRINT MEET | LES QUENNEVAIS | Beau Sejour | 4 |
| 48.11 | 139 | F | 09/06/19 | The Barracudas 31st Oak Open Meet 2019 | Guernsey | Beau Sejour | 2 |
| 47.15 | 148 | F | 18/05/19 | Guernsey Annual Junior Meet 2019 | St Sampsons | Beau Sejour | 4 |
| 46.62 | 153 | H | 18/05/19 | Guernsey Annual Junior Meet 2019 | St Sampsons | Beau Sejour | 4 |
| 49.02 | 131 | F | 22/03/19 | Rothschild Island Championships | St Sampsons School | Beau Sejour | 3 |
| 49.19 | 130 | F | 13/03/19 | Beau Sejour Barracudas Oak Series 2019 | Guernsey | Beau Sejour | 4 |
| 48.81 | 133 | F | 10/03/19 | Guernsey Amateur Swimming Association LBG | St Sampsons | Beau Sejour | 4 |
| 55.25 | 92 | F | 07/07/18 | Jersey 17th Annual Graded Sprint Meet | Les Quennevais | Beau Sejour | 4 |
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