

# Individual Best Times (All Time)

George Holmes - (1418830) - Barnstaple SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
6:13.33	183	F	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth		3
6:20.60	173	F	04/12/23	Barnstaple SC 2023 400m Club Championships	Takka LC		4
6:25.31	167	F	14/12/22	Barnstaple SC 400m Club Championships 2022	Barnstaple		4
6:28.69	162	F	18/03/23	Two Counties Spring Open Meet 2023	Plymouth		3
7:13.03	117	F	19/03/22	Caradon SC & Dinnaton SC Two Counties	Plymouth		3

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