

Individual Best Times (All Time)

George Holmes - (1418830) - Barnstaple SC - 200 Backstroke - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
3:17.49	153	F	19/03/23	Two Counties Spring Open Meet 2023	Plymouth		3

Swims in Date Order

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