

Individual Best Times (All Time)

Gabriella Troman - (1412258) - Team Ipswich Swimming - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:34.26	599	H	04/02/24	Swim England Suffolk County Championships 2024	Ipswich	teamipswich	2
4:36.08	588	F	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	teamipswich	3
4:36.85	583	H	05/11/23	SE East Region Short Course Championships 2023	Luton	teamipswich	2
4:39.57	566	F	18/11/23	City of Norwich SC L3 November SC Open Meet 2023	Norwich		3
4:41.11	557	F	29/10/23	Teamipswich SC Spooktacular Open 2023	Ipswich		3
4:47.71	519	F	19/11/22	City of Norwich L3 November SC Open Meet 2022	Norwich		3
4:48.57	514	H	05/02/23	SE Suffolk County Championships 2023	Ipswich	teamipswich	2
4:51.32	500	F	30/10/22	Teamipswich Swimming Club Spooktacular Open Meet	Ipswich		3
4:56.78	473	H	16/04/22	Colchester SC Last Chance Regional Qualifier	Braintree	Colchester	3
5:05.25	435	H	18/11/21	Colchester Club Championships 2021	Colchester	Colchester	4
5:05.50	434	H	29/01/22	Swim England Essex Age Group Championships 2022	Basildon	Colchester	2
5:06.88	428	H	03/10/21	Swim England Essex Winter Championships 2021	Basildon	Colchester	2
5:06.88	428	H	03/10/21	Swim England Essex Winter Championships 2021	Basildon	Colchester	2
5:33.19	334	H	15/06/21	Colchester	Colchester	Colchester	0
6:40.67	192	H	14/09/19	Colchester Club Championships 2019	Braintree	Colchester	4

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