

# Individual Best Times (All Time)

Gabriella Troman - (1412258) - Team Ipswich Swimming - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet                                             | Venue      | Club Swam Under | Level |
|---------|--------|-------|----------|--------------------------------------------------|------------|-----------------|-------|
| 2:33.24 | 502    | F     | 19/11/23 | City of Norwich SC L3 November SC Open Meet 2023 | Norwich    |                 | 3     |
| 2:33.34 | 501    | H     | 21/01/24 | Swim England Suffolk County Championships 2024   | Ipswich    | teamipswich     | 2     |
| 2:34.53 | 490    | F     | 11/03/23 | Teamipswich Mighty March Meet 2023               | Ipswich    |                 | 3     |
| 2:35.52 | 481    | F     | 29/10/23 | Teamipswich SC Spooktacular Open 2023            | Ipswich    |                 | 3     |
| 2:36.30 | 473    | H     | 22/01/23 | SE Suffolk County Championships 2023             | Ipswich    | teamipswich     | 2     |
| 2:37.73 | 461    | F     | 30/10/22 | Teamipswich Swimming Club Spooktacular Open Meet | Ipswich    |                 | 3     |
| 2:43.30 | 415    | H     | 16/04/22 | Colchester SC Last Chance Regional Qualifier     | Braintree  | Colchester      | 3     |
| 2:47.31 | 386    | H     | 16/11/21 | Colchester Club Championships 2021               | Colchester | Colchester      | 4     |
| 2:47.99 | 381    | F     | 31/10/21 | Teamipswich October Open Meet 2021               | Ipswich    |                 | 3     |
| 2:48.19 | 380    | H     | 26/02/22 | Swim England Essex Age Group Championships 2022  | Basildon   | Colchester      | 2     |
| 2:48.35 | 379    | F     | 06/03/22 | Teamipswich SC The Mighty March Meet 2022        | Ipswich    |                 | 3     |
| 2:55.24 | 336    | H     | 03/10/21 | Swim England Essex Winter Championships 2021     | Basildon   | Colchester      | 2     |
| 2:55.24 | 336    | H     | 03/10/21 | Swim England Essex Winter Championships 2021     | Basildon   | Colchester      | 2     |
| 2:56.54 | 328    | H     | 17/06/21 | Colchester                                       | Colchester | Colchester      | 0     |
| 3:18.40 | 231    | H     | 14/03/20 | Colchester Regional Qualifier                    | Braintree  | Colchester      | 3     |
| 3:20.94 | 223    | H     | 07/12/19 | Colchester County Qualifier                      | Braintree  | Colchester      | 3     |
| 3:23.46 | 214    | H     | 05/10/19 | The Alan Mitchell Memorial County Qualifier      | Thurrock   | Colchester      | 3     |
| 3:27.35 | 202    | H     | 16/03/19 | Colchester Regional Qualifier                    | Braintree  | Colchester      | 3     |
| 3:28.37 | 200    | H     | 14/09/19 | Colchester Club Championships 2019               | Braintree  | Colchester      | 4     |
| 3:28.98 | 198    | H     | 02/06/19 | Braintree & Bocking Spring Festival One Day Open | Braintree  | Colchester      | 3     |
| 3:30.43 | 194    |       | 07/04/19 | Sudbury & District Robin Deal Memorial Meet 2019 | Sudbury    | Colchester      | 3     |
| 3:55.16 | 139    | H     | 28/10/18 | Colchester Spooktacular Halloween Meet 2018      | Braintree  | Colchester      | 3     |
| 3:56.83 | 136    | F     | 18/11/18 | Teamipswich November Open 2018                   | Ipswich    | Colchester      | 3     |
| 3:59.58 | 131    | H     | 28/09/18 | Colchester Club Championships                    | Colchester | Colchester      | 4     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet                                             | Venue      | Club Swam Under | Level |
|---------|--------|-------|----------|--------------------------------------------------|------------|-----------------|-------|
| 2:33.34 | 501    | H     | 21/01/24 | Swim England Suffolk County Championships 2024   | Ipswich    | teamipswich     | 2     |
| 2:33.24 | 502    | F     | 19/11/23 | City of Norwich SC L3 November SC Open Meet 2023 | Norwich    |                 | 3     |
| 2:35.52 | 481    | F     | 29/10/23 | Teamipswich SC Spooktacular Open 2023            | Ipswich    |                 | 3     |
| 2:34.53 | 490    | F     | 11/03/23 | Teamipswich Mighty March Meet 2023               | Ipswich    |                 | 3     |
| 2:36.30 | 473    | H     | 22/01/23 | SE Suffolk County Championships 2023             | Ipswich    | teamipswich     | 2     |
| 2:37.73 | 461    | F     | 30/10/22 | Teamipswich Swimming Club Spooktacular Open Meet | Ipswich    |                 | 3     |
| 2:43.30 | 415    | H     | 16/04/22 | Colchester SC Last Chance Regional Qualifier     | Braintree  | Colchester      | 3     |
| 2:48.35 | 379    | F     | 06/03/22 | Teamipswich SC The Mighty March Meet 2022        | Ipswich    |                 | 3     |
| 2:48.19 | 380    | H     | 26/02/22 | Swim England Essex Age Group Championships 2022  | Basildon   | Colchester      | 2     |
| 2:47.31 | 386    | H     | 16/11/21 | Colchester Club Championships 2021               | Colchester | Colchester      | 4     |
| 2:47.99 | 381    | F     | 31/10/21 | Teamipswich October Open Meet 2021               | Ipswich    |                 | 3     |
| 2:55.24 | 336    | H     | 03/10/21 | Swim England Essex Winter Championships 2021     | Basildon   | Colchester      | 2     |
| 2:55.24 | 336    | H     | 03/10/21 | Swim England Essex Winter Championships 2021     | Basildon   | Colchester      | 2     |
| 2:56.54 | 328    | H     | 17/06/21 | Colchester                                       | Colchester | Colchester      | 0     |
| 3:18.40 | 231    | H     | 14/03/20 | Colchester Regional Qualifier                    | Braintree  | Colchester      | 3     |
| 3:20.94 | 223    | H     | 07/12/19 | Colchester County Qualifier                      | Braintree  | Colchester      | 3     |
| 3:23.46 | 214    | H     | 05/10/19 | The Alan Mitchell Memorial County Qualifier      | Thurrock   | Colchester      | 3     |
| 3:28.37 | 200    | H     | 14/09/19 | Colchester Club Championships 2019               | Braintree  | Colchester      | 4     |
| 3:28.98 | 198    | H     | 02/06/19 | Braintree & Bocking Spring Festival One Day Open | Braintree  | Colchester      | 3     |
| 3:30.43 | 194    |       | 07/04/19 | Sudbury & District Robin Deal Memorial Meet 2019 | Sudbury    | Colchester      | 3     |
| 3:27.35 | 202    | H     | 16/03/19 | Colchester Regional Qualifier                    | Braintree  | Colchester      | 3     |
| 3:56.83 | 136    | F     | 18/11/18 | Teamipswich November Open 2018                   | Ipswich    | Colchester      | 3     |
| 3:55.16 | 139    | H     | 28/10/18 | Colchester Spooktacular Halloween Meet 2018      | Braintree  | Colchester      | 3     |
| 3:59.58 | 131    | H     | 28/09/18 | Colchester Club Championships                    | Colchester | Colchester      | 4     |