

Individual Best Times (All Time)

Gabriella Troman - (1412258) - Team Ipswich Swimming - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|--|------------|-----------------|-------|
| 32.58 | 465 | F | 29/10/23 | Teamipswich SC Spooktacular Open 2023 | Ipswich | | 3 |
| 32.63 | 463 | H | 21/01/24 | Swim England Suffolk County Championships 2024 | Ipswich | teamipswich | 2 |
| 32.72 | 459 | F | 21/01/24 | Swim England Suffolk County Championships 2024 | Ipswich | teamipswich | 2 |
| 32.79 | 456 | F | 17/03/24 | Teamipswich SC The Mighty March Meet 2024 | Ipswich | teamipswich | 3 |
| 33.08 | 444 | F | 18/11/23 | City of Norwich SC L3 November SC Open Meet 2023 | Norwich | | 3 |
| 33.86 | 414 | H | 22/01/23 | SE Suffolk County Championships 2023 | Ipswich | teamipswich | 2 |
| 34.00 | 409 | F | 22/01/23 | SE Suffolk County Championships 2023 | Ipswich | teamipswich | 2 |
| 34.03 | 408 | F | 19/11/22 | City of Norwich L3 November SC Open Meet 2022 | Norwich | | 3 |
| 36.44 | 332 | H | 02/10/21 | Swim England Essex Winter Championships 2021 | Basildon | Colchester | 2 |
| 36.44 | 332 | H | 02/10/21 | Swim England Essex Winter Championships 2021 | Basildon | Colchester | 2 |
| 36.95 | 319 | H | 22/11/21 | Colchester Club Championships 2021 | Colchester | Colchester | 4 |
| 37.19 | 312 | H | 25/09/21 | Basildon and Phoenix Dave Warriner Sprint Meet | Basildon | Colchester | 3 |
| 37.84 | 297 | H | 07/06/21 | Colchester | Colchester | Colchester | 0 |
| 38.49 | 282 | F | 31/10/21 | Teamipswich October Open Meet 2021 | Ipswich | | 3 |
| 41.95 | 218 | H | 06/10/19 | The Alan Mitchell Memorial County Qualifier | Thurrock | Colchester | 3 |
| 43.26 | 198 | H | 15/12/19 | Dave Warriner Sprint Event 2019 | Basildon | Colchester | 3 |
| 43.43 | 196 | H | 07/12/19 | Colchester County Qualifier | Braintree | Colchester | 3 |
| 43.98 | 189 | | 07/04/19 | Sudbury & District Robin Deal Memorial Meet 2019 | Sudbury | Colchester | 3 |
| 44.55 | 182 | H | 02/06/19 | Braintree & Bocking Spring Festival One Day Open | Braintree | Colchester | 3 |
| 45.51 | 170 | H | 16/03/19 | Colchester Regional Qualifier | Braintree | Colchester | 3 |
| 48.32 | 142 | H | 26/01/19 | Braintree & Bocking Winter Sprints Meet | Braintree | Colchester | 3 |
| 48.49 | 141 | F | 15/12/18 | STOWMARKET NO FRILLS OPEN MEET | STOWMARKET | Colchester | 3 |
| 49.19 | 135 | H | 01/12/18 | Runnymede SC Jingle Bells | Basildon | Colchester | 3 |
| 50.10 | 128 | F | 18/11/18 | Teamipswich November Open 2018 | Ipswich | Colchester | 3 |
| 51.02 | 121 | H | 27/10/18 | Colchester Spooktacular Halloween Meet 2018 | Braintree | Colchester | 3 |
| 52.38 | 112 | H | 29/09/18 | Colchester Club Championships | Colchester | Colchester | 4 |

Swims in Date Order

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