

Individual Best Times (All Time)

Leah Rose - (1405240) - Penrith SC - 200 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:16.68	525	H	21/01/24	Cumbria County Championships & Age Groups 2024	Workington	Penrith	2
2:17.48	516	H	10/06/23	26th Copeland Graded Gala 2023	Copeland	Penrith	3
2:18.38	506	H	16/07/23	Cumbria Festival of Aquatics 2023	Carlisle	Penrith	3
2:18.71	502	H	23/09/23	Workington 14th Presidents Gala 2023	Workington	Penrith	3
2:18.72	502	H	24/06/23	Kendal ASC 7th Mint Open Gala 2023	Kendal	Penrith	3
2:20.23	486	H	22/01/23	Cumbria County Championships & Age Groups 2023	Workington	Penrith	2
2:22.04	468	H	03/12/22	Cumbria Winter Meet 2022	Copeland Leisure Cen	Penrith	3
2:24.47	445	H	24/09/22	Workington 13th Presidents Gala	Workington	Penrith	3
2:26.26	429	H	14/05/22	Copeland ASC 25th Graded Gala	Copeland	Penrith	3
2:34.62	363	H	23/01/22	2022 Cumbria County Championships and Age Groups	Workington	Penrith	2
2:37.51	343	H	04/12/21	Cumbria Winter Meet 2021	Kendal	Penrith	3
3:00.77	227	H	14/11/19	Penrith Swimming Club Championships	Penrith	Penrith	4
3:01.46	224	H	21/09/19	Workington ASC 10th Presidents Open Meet	Cumbria	Penrith	3
3:22.92	160	H	08/06/19	24th Copeland Graded Gala	Whitehaven	Penrith	3

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