

Individual Best Times (All Time)

Leah Rose - (1405240) - Penrith SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
38.68	278	H	23/01/22	2022 Cumbria County Championships and Age Groups	Workington	Penrith	2
40.05	250	H	14/03/20	26th Bill and Monica Griffin Gala	Copeland		3
40.82	236	H	26/01/20	2020 Cumbria County Championships and Age Groups	Workington	Penrith	2
42.64	207	H	17/11/19	Penrith Swimming Club Championships	Penrith	Penrith	4
43.46	196	H	26/10/19	Barrow ASC Halloween Sprint Meet	Barrow-in-Furness	Penrith	3
46.54	159	H	23/03/19	ULVERSTON GRADED OPEN MEET	Kendal	Penrith	3
48.00	145	H	18/11/18	Penrith Club Championships	Penrith	Penrith	4
48.65	139	H	27/10/18	Barrow ASC Halloween Sprint Meet 2018	Barrow-in-Furness	Penrith	3
49.06	136	H	06/10/18	Carlisle Aquatics October Swimfest	Carlisle	Penrith	3
52.42	111	H	17/03/18	Ulverston Graded Open Meet	Kendal	Penrith	3

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