Individual Best Times (All Time)

Maame Amonoo - (1403146) - City Of Peterborough SC - 100 Backstroke - Short Course

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|-------------------------|--------------|-----------------|-------|
| 1:42.02 | 155 | F | 03/03/19 | COPS Club Championships | Peterborough | Co Peterboro | 4 |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|-------------------------|--------------|-----------------|-------|
| 1:42.02 | 155 | F | 03/03/19 | COPS Club Championships | Peterborough | Co Peterboro | 4 |