

Individual Best Times (All Time)

Arwen Young - (1402295) - Herne Bay L&SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:39.67	413	H	24/06/24	Herne Bay Lifeguard & SC - Club Championships 2024	Herne Bay	Herne Bay	4
2:40.18	409	H	06/01/24	Dover Lifeguard Club & Herne Bay SC Icebreaker 24	Dover	Herne Bay	3
2:40.70	405	H	18/05/24	East Invicta eXcel Development Meet 2024	Dover	Herne Bay	3
2:43.40	385	H	30/09/23	Dover Life Guard Club White Cliffs Gala 2023	Dover	Herne Bay	3
2:43.72	383	H	20/05/23	East Invicta Development Meet 2023	Dover	Herne Bay	3
2:44.09	380	F	25/11/23	Black Lion SC Winter Open Meet 2023	Gillingham		3
2:44.23	379	H	26/06/23	Herne Bay LG & SC Club Championships 2023	Herne Bay	Herne Bay	4
2:44.33	379	H	02/12/23	Thanet SC Speedo Festive Meet 2023	Margate	Herne Bay	3
2:45.35	372	H	29/10/23	East Invicta ASA 2023 Championships	Dover	Herne Bay	2
2:46.51	364	F	26/03/23	Black Lion SC Regional Chaser 2023	Gillingham		3
2:54.78	315	H	15/10/22	Dover White Cliffs Open Gala 2022	Dover	Herne Bay	3
3:01.60	280	H	24/06/22	Herne Bay L & SC Club Champs 2022	Herons Pool	Herne Bay	4
3:04.87	266	H	08/01/22	Dover Lifeguard SC & Herne Bay SC Icebreakers 2022	Dover	Herne Bay	3
3:47.62	142	H	28/06/19	Herne Bay Lifeguard Club Champs 2019	Herne Bay	Herne Bay	4

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