

Individual Best Times (All Time)

Henry Williams - (1394705) - Arun Tridents SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|---|--------------|-----------------|-------|
| 3:13.39 | 239 | F | 10/04/22 | Littlehampton SC Easter Meet 2022 | Arun LC | | 3 |
| 3:14.62 | 235 | F | 16/10/21 | Sussex County ASA Winter Competition | Crawley | | 2 |
| 3:17.43 | 225 | F | 26/05/21 | Littlehampton | Arun | | 0 |
| 4:13.48 | 106 | F | 22/09/19 | Littlehampton S.C. County Qualifier Meet 2019 | Bognor Regis | Arun Trident | 3 |

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