

# Individual Best Times (All Time)

Arash Zare - (1394479) - Barking & Dagenham Aquatics Club - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:13.82	297	H	07/11/21	SE London Winter Championships 2021	London		2
1:21.63	220	F	23/10/20	Barking and Dagenham	Becontree Health		0
1:22.28	214	F	07/12/19	Christmas at The Blue Light Pool 2019	Becontree	Bark & Dagen	3
1:34.37	142	F	09/11/18	BWFSC Club Championships 2018	Sylvestian LC	Bo Waltham F	4

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