

Individual Best Times (All Time)

Arash Zare - (1394479) - Barking & Dagenham Aquatics Club - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:24.38	437	H	18/12/22	RTSC Christmas Cracker Meet 2022	Basildon	BorRedbridge	3
2:27.51	410	H	02/10/22	Romford Town SC Autumn Season Opener Meet 2022	Essex	BorRedbridge	3
2:38.74	329	F	10/10/21	NUEL Early County Qualifier Open Meet 2021	London		3
2:39.92	322	H	12/12/21	Romford Town SC Christmas Cracker Meet 2021	London	Bark & Dagen	3
2:52.33	257	F	13/06/21	Summer B&D Champs 2021	Dagenham		4
2:56.35	240	H	06/10/19	9th David Jacobs Memorial Meet	Basildon	Bark & Dagen	3

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