

Individual Best Times (All Time)

Arash Zare - (1394479) - Barking & Dagenham Aquatics Club - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:51.05	235	H	05/10/19	9th David Jacobs Memorial Meet	Basildon	Bark & Dagen	3
2:51.72	232	H	27/04/19	RTSC Non- Regional Qualifiers Meet	Romford	BorRedbridge	3
3:00.63	199	F	02/03/19	Enfield Spring Regional Qualifier	Enfield	Bo Waltham F	3
3:18.32	151	F	28/09/18	BWFSC Club Championships 2018	Sylvestrian LC	Bo Waltham F	4
3:18.63	150	F	16/12/18	LB Redbridge Last Chance County Qualifier	Fullwell Cross Pool	Bo Waltham F	3

Swims in Date Order

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