

Individual Best Times (All Time)

Arash Zare - (1394479) - Barking & Dagenham Aquatics Club - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.14	357	H	02/10/22	Romford Town SC Autumn Season Opener Meet 2022	Essex	BorRedbridge	3
32.46	316	H	19/03/22	Basildon & Phoenix Spring Regional Qualifier 2022	Basildon	Bark & Dagen	3
34.08	273	H	11/12/21	Romford Town SC Christmas Cracker Meet 2021	London	Bark & Dagen	3
34.26	268	F	10/10/21	NUEL Early County Qualifier Open Meet 2021	London		3
34.76	257	F	12/06/21	Summer B&D Champs 2021	Dagenham		4
36.88	215	H	05/10/19	9th David Jacobs Memorial Meet	Basildon	Bark & Dagen	3
37.13	211	F	23/10/20	Barking and Dagenham	Becontree Health		0
38.00	196	H	15/06/19	8th Eric Shepherd Open Meet	Harlow	BorRedbridge	3
38.04	196	H	28/04/19	RTSC Non- Regional Qualifiers Meet	Romford	BorRedbridge	3
39.38	176	F	02/03/19	Enfield Spring Regional Qualifier	Enfield	Bo Waltham F	3
41.30	153	F	15/12/18	LB Redbridge Last Chance County Qualifier	Fullwell Cross Pool	Bo Waltham F	3
45.82	112	F	13/07/18	BWFSC Club Championships 2018	Sylvestrian LC	Bo Waltham F	4

Swims in Date Order

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