

Individual Best Times (All Time)

Arash Zare - (1394479) - Barking & Dagenham Aquatics Club - 100 Butterfly - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:03.94	417	H	15/10/22	Essex Winter Championships 2022	Basildon	BorRedbridge	2
1:05.11	395	H	09/07/22	Romford Town SC End of Season Meet July 2022	Essex	BorRedbridge	3
1:06.27	374	H	19/03/22	Basildon & Phoenix Spring Regional Qualifier 2022	Basildon	Bark & Dagen	3
1:07.08	361	H	26/02/22	Swim England Essex Age Group Championships 2022	Basildon	Bark & Dagen	2
1:11.13	303	H	12/12/21	Romford Town SC Christmas Cracker Meet 2021	London	Bark & Dagen	3
1:11.36	300	F	10/10/21	NUEL Early County Qualifier Open Meet 2021	London		3
1:16.64	242	F	13/06/21	Summer B&D Champs 2021	Dagenham		4
1:19.47	217	F	07/12/19	Christmas at The Blue Light Pool 2019	Becontree	Bark & Dagen	3
1:46.23	90	F	09/11/18	BWFSC Club Championships 2018	Sylvestian LC	Bo Waltham F	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:03.94	417	H	15/10/22	Essex Winter Championships 2022	Basildon	BorRedbridge	2
1:05.11	395	H	09/07/22	Romford Town SC End of Season Meet July 2022	Essex	BorRedbridge	3
1:06.27	374	H	19/03/22	Basildon & Phoenix Spring Regional Qualifier 2022	Basildon	Bark & Dagen	3
1:07.08	361	H	26/02/22	Swim England Essex Age Group Championships 2022	Basildon	Bark & Dagen	2
1:11.13	303	H	12/12/21	Romford Town SC Christmas Cracker Meet 2021	London	Bark & Dagen	3
1:11.36	300	F	10/10/21	NUEL Early County Qualifier Open Meet 2021	London		3
1:16.64	242	F	13/06/21	Summer B&D Champs 2021	Dagenham		4
1:19.47	217	F	07/12/19	Christmas at The Blue Light Pool 2019	Becontree	Bark & Dagen	3
1:46.23	90	F	09/11/18	BWFSC Club Championships 2018	Sylvestian LC	Bo Waltham F	4