

# Individual Best Times (All Time)

Arash Zare - (1394479) - Barking & Dagenham Aquatics Club - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
26.65	432	H	09/07/22	Romford Town SC End of Season Meet July 2022	Essex	BorRedbridge	3
26.73	429	H	16/10/22	Essex Winter Championships 2022	Basildon	BorRedbridge	2
27.20	407	H	20/03/22	Basildon & Phoenix Spring Regional Qualifier 2022	Basildon	Bark & Dagen	3
28.84	341	H	12/12/21	Romford Town SC Christmas Cracker Meet 2021	London	Bark & Dagen	3
29.51	318	F	09/10/21	NUEL Early County Qualifier Open Meet 2021	London		3
30.58	286	F	12/06/21	Summer B&D Champs 2021	Dagenham		4
30.88	278	F	23/10/20	Barking and Dagenham	Becontree Health		0
31.87	253	H	06/10/19	9th David Jacobs Memorial Meet	Basildon	Bark & Dagen	3
32.46	239	F	07/12/19	Christmas at The Blue Light Pool 2019	Becontree	Bark & Dagen	3
32.53	238	F	10/11/19	NUEL Winter Invitational Meet 2019	East Ham	Bark & Dagen	4
33.30	221	H	27/04/19	RTSC Non- Regional Qualifiers Meet	Romford	BorRedbridge	3
33.35	220	F	03/03/19	Enfield Spring Regional Qualifier	Enfield	Bo Waltham F	3
33.87	210	H	15/06/19	8th Eric Shepherd Open Meet	Harlow	BorRedbridge	3
34.95	191	F	15/12/18	LB Redbridge Last Chance County Qualifier	Fullwell Cross Pool	Bo Waltham F	3
37.91	150	F	13/07/18	BWFSC Club Championships 2018	Sylvestrian LC	Bo Waltham F	4
53.19	54	F	24/09/17	Newham & UEL Development Time Trial 2017	East Ham	Bo Newham	4

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