

Individual Best Times (All Time)

Toby Flood - (1392388) - Thetford Dolphins SC - 200 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|----------------------|-----------------|-------|
| 2:49.11 | 358 | H | 03/12/23 | Great Yarmouth SC Winter Wipeout Meet 2023 | Norwich | Thetford | 3 |
| 2:51.28 | 345 | H | 18/03/23 | West Norfolk SC Open Meet 2023 | Kings Lynn | Thetford | 3 |
| 2:54.58 | 326 | H | 09/10/23 | Thetford Dolphins SC Club Championships 2023 | Thetford | Thetford | 4 |
| 3:02.34 | 286 | H | 20/10/22 | Thetford Dolphins Club Championships 2022 | Thetford | Thetford | 4 |
| 3:16.41 | 228 | F | 27/11/21 | City of Norwich SC L3 November SC Open Meet 2021 | Norwich | | 3 |
| 3:32.72 | 180 | H | 16/06/21 | Thetford Dolphins | Waterworld Thetford4 | Thetford | 0 |
| 3:45.35 | 151 | H | 07/11/19 | Tony Hegarty Club Champs & Age Groups Comp 2019 | Thetford | Thetford | 4 |
| 3:46.59 | 149 | H | 22/06/19 | Norfolk County Challenge 2019 | Dereham | Thetford | 3 |
| 4:21.35 | 97 | H | 08/10/18 | Tony Hegarty Club Champs and Age Groups Comp | Thetford | Thetford | 4 |

Swims in Date Order

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