

Individual Best Times (All Time)

Toby Flood - (1392388) - Thetford Dolphins SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|---------------------|-----------------|-------|
| 1:11.99 | 302 | H | 19/03/23 | West Norfolk SC Open Meet 2023 | Kings Lynn | Thetford | 3 |
| 1:12.87 | 291 | H | 09/06/24 | Swim England Norfolk Inter Club Gala 2024 | Norwich | Thetford | 2 |
| 1:13.72 | 281 | H | 09/10/23 | Thetford Dolphins SC Club Championships 2023 | Thetford | Thetford | 4 |
| 1:15.05 | 267 | H | 03/06/23 | Swim England Norfolk Inter Club Gala 2023 | Norwich | Thetford | 2 |
| 1:16.10 | 256 | H | 06/10/22 | Thetford Dolphins Club Championships 2022 | Thetford | Thetford | 4 |
| 1:18.37 | 234 | H | 25/06/22 | Norfolk ASA County Challenge Gala | Dereham | Thetford | 3 |
| 1:24.15 | 189 | H | 09/10/21 | Thetford Tony Hegarty Championships & Age Groups | Thetford | Thetford | 4 |
| 1:27.62 | 167 | H | 30/06/21 | Thetford Dolphins | Waterworld Thetford | Thetford | 0 |
| 1:35.06 | 131 | H | 07/11/19 | Tony Hegarty Club Champs & Age Groups Comp 2019 | Thetford | Thetford | 4 |
| 1:51.86 | 80 | H | 08/10/18 | Tony Hegarty Club Champs and Age Groups Comp | Thetford | Thetford | 4 |

Swims in Date Order

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