

Individual Best Times (All Time)

Henry Russell - (1389945) - Portsmouth Northsea SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:31.60	378	F	09/06/24	Cranleigh ASC Summer Open Meet 2024	Cranleigh		3
2:38.02	333	F	16/10/22	Portsmouth Northsea SC 1st Chance County Qualifier	Portsmouth		3
2:38.34	331	F	29/10/22	City of Southampton SC James Moreno Open Meet	Southampton		3
2:42.22	308	F	04/12/21	Portsmouth Northsea SC Christmas Meet 2021	Mountbatten Cen		3
2:44.63	295	F	06/03/22	City of Southampton SC 20th Spring Meet	Southampton		3
2:47.83	278	H	29/01/22	Hampshire County ASA Swimming Championships 2022	Portsmouth	Portsmouth N	2
2:54.53	247	F	17/10/21	Portsmouth Northsea SC 1st Chance County Qualifier	Mountbatten Cen		3
3:04.97	208	F	11/07/21	Portsmouth Northsea July Level 4	Portsmouth		4
3:10.42	190	F	29/06/21	Portsmouth Northsea	Mountbatten Centre		0
3:29.70	142	F	22/12/20	Portsmouth Northsea	Mountbatten Centre		0

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3:10.42	190	F	29/06/21	Portsmouth Northsea	Mountbatten Centre		0
3:29.70	142	F	22/12/20	Portsmouth Northsea	Mountbatten Centre		0