

# Individual Best Times (All Time)

Henry Russell - (1389945) - Portsmouth Northsea SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:38.33	296	F	06/03/22	City of Southampton SC 20th Spring Meet	Southampton		3
2:40.62	284	H	29/01/22	Hampshire County ASA Swimming Championships 2022	Portsmouth	Portsmouth N	2
2:49.51	241	F	07/11/21	Fareham Nomads Winter Meet 2021	Waterlooville		3
3:06.20	182	F	11/07/21	Portsmouth Northsea July Level 4	Portsmouth		4
3:18.46	150	F	15/06/21	Portsmouth	Mountbatten		0
3:38.06	113	F	22/12/20	Portsmouth Northsea	Mountbatten Centre		0

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