

Individual Best Times (All Time)

Amelia Ashton - (1388500) - Sevenoaks SC - 400 Freestyle - Short Course

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:17.81	385	F	01/10/23	Sevenoaks SC Club Champs 2023	Sevenoaks		4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
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