Individual Best Times (All Time)

Elin Winstanley - (1385183) - City of Hereford SC - 200 Individual Medley - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------|--------|-------|----------|--|---------------|-----------------|-------|
| 2:25.98 | 581 | Н | 16/12/23 | Swim Wales Winter Championships 2023 | Swansea | | 2 |
| 2:26.44 | 576 | F | 16/12/23 | Swim Wales Winter Championships 2023 | Swansea | | 2 |
| 2:26.57 | 574 | F | 05/11/23 | SE West Midlands Winter Championships 2023 | Sandwell | Co Hereford | 2 |
| 2:28.12 | 556 | Н | 27/01/24 | Worcester County SA County Championships 2024 | Worcester | Co Hereford | 2 |
| 2:29.86 | 537 | Н | 09/09/23 | Co Hereford Invitational Club Championships 2023 | Hereford | Co Hereford | 4 |
| 2:29.90 | 537 | Н | 17/12/22 | Bromsgrove SC Bearfest 2022 | Wolverhampton | Co Hereford | 3 |
| 2:30.20 | 534 | Н | 05/11/23 | SE West Midlands Winter Championships 2023 | Sandwell | Co Hereford | 2 |
| 2:32.56 | 509 | Н | 11/02/23 | Worcester County SA Championships 2023 | Wolverhampton | Co Hereford | 2 |
| 2:32.77 | 507 | F | 29/10/22 | City Of Bristol Halloween Spooktacular 2022 | Hengrove Park | | 3 |
| 2:38.85 | 451 | F | 21/11/21 | Team Bath AS November TYR Super Series | Millfield | | 2 |
| 2:39.53 | 445 | Н | 12/02/22 | Worcester County SA County Championships 2022 | Wolverhampton | Co Hereford | 2 |
| 2:42.71 | 420 | F | 18/12/21 | City of Bristol Christmas Cracker | Bristol | | 3 |
| 2:58.21 | 319 | F | 08/12/19 | CoB L3 SC Christmas Cracker Open Meet | Hengrove | Co Hereford | 3 |
| 2:59.92 | 310 | Н | 08/02/20 | Worcester County Sprint Championships | Worcester | Co Hereford | 2 |
| 3:13.50 | 249 | F | 25/05/19 | Southwold Annual May Open Meet 2019 | Gloucester | Co Hereford | 3 |
| 3:22.40 | 218 | Н | 14/09/19 | COHSC Club Championships 2019 | Hereford LP | Co Hereford | 4 |
| | | | | | | | |

Swims in Date Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|---------------------------|-----------------|-------|----------|--|---------------|------------------------------|---------------|
| 2:28.12 | 556 | Н | 27/01/24 | Worcester County SA County Championships 2024 | Worcester | Co Hereford | 2 |
| 2:26.44 | 576 | F | 16/12/23 | Swim Wales Winter Championships 2023 | Swansea | | 2 |
| 2:25.98 | 581 | Н | 16/12/23 | Swim Wales Winter Championships 2023 | Swansea | | 2 |
| 2:26.57 | 574 | F | 05/11/23 | SE West Midlands Winter Championships 2023 | Sandwell | Co Hereford | 2 |
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| 2:29.86 | 537 | Н | 09/09/23 | Co Hereford Invitational Club Championships 2023 | Hereford | Co Hereford | 4 |
| 2:32.56 Copyright 2024 | 509 1 | Н | 11/02/23 | Worcester County SA Championships 2023 | Wolverhampton | Co Hereford Powered By SPORT | 2 TSYSTEMS |

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|---------|-----|---|----------|---|---------------|-------------|------------|
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