

Individual Best Times (All Time)

Elin Winstanley - (1385183) - City of Hereford SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
31.04	538	H	17/12/23	Swim Wales Winter Championships 2023	Swansea		2
31.36	521	F	17/12/23	Swim Wales Winter Championships 2023	Swansea		2
31.42	518	F	03/02/24	Worcester County SA County Championships 2024	Smethwick	Co Hereford	2
31.60	510	H	03/02/24	Worcester County SA County Championships 2024	Smethwick	Co Hereford	2
31.77	502	F	22/10/22	Greater Gwent Fast Water Open	Newport		2
31.89	496	H	04/11/23	SE West Midlands Winter Championships 2023	Sandwell	Co Hereford	2
31.99	491	H	08/09/23	Co Hereford Invitational Club Championships 2023	Hereford	Co Hereford	4
32.08	487	H	06/11/22	SE West Midlands Winter Short Course Champs 2022	Coventry	Co Hereford	2
32.44	471	H	28/01/23	Worcester County SA Championships 2023	Worcester	Co Hereford	2
32.92	451	H	05/02/22	Worcester County SA County Championships 2022	Worcester	Co Hereford	2
32.96	449	F	28/01/23	Worcester County SA Championships 2023	Worcester	Co Hereford	2
33.29	436	F	05/02/22	Worcester County SA County Championships 2022	Worcester	Co Hereford	2
33.92	412	F	18/12/21	City of Bristol Christmas Cracker	Bristol		3
35.81	350	H	24/09/21	City of Hereford SC Club Championships 2021	Hereford	Co Hereford	4
39.54	260	F	25/01/20	Worcester County Sprint Championships	Worcester	Co Hereford	2
39.71	257	H	25/01/20	Worcester County Sprint Championships	Worcester	Co Hereford	2
42.31	212	F	08/12/19	CoB L3 SC Christmas Cracker Open Meet	Hengrove	Co Hereford	3
42.52	209	H	17/11/19	Hereford Winter Open Meet 2019	Hereford	Co Hereford	3
43.86	190	F	16/12/18	City of Bristol Christmas Cracker Meet	Hengrove Park	Co Hereford	2
44.28	185	H	13/09/19	COHSC Club Championships 2019	Hereford LP	Co Hereford	4
45.51	170	H	17/11/18	Hereford Winter Open Meet	Hereford	Co Hereford	3
47.09	154	H	21/09/18	City of Hereford Club Championships 2018	Hereford	Co Hereford	4

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