

# Individual Best Times (All Time)

Verity Nicholas - (1381006) - Dover Lifeguard Swimming Club - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

| Time    | WA Pts | Round | Date     | Meet  | Venue   | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------|-----------------|-------|
| 1:32.19 | 309    | H     | 09/06/24 | Dover Lifeguard Club Championships 2024           | Dover   | Dover Life      | 4     |
| 1:32.66 | 304    | H     | 04/06/23 | Dover Lifeguard Club Club Championships 2023      | Dover   | Dover Life      | 4     |
| 1:33.00 | 301    | H     | 03/12/23 | Thanet SC Speedo Festive Meet 2023                | Margate | Dover Life      | 3     |
| 1:35.19 | 281    | H     | 19/05/24 | East Invicta eXcel Development Meet 2024          | Dover   | Dover Life      | 3     |
| 1:37.89 | 258    | H     | 07/01/23 | Dover Lifeguards & Herne Bay SCs Icebreakers 2023 | Dover   |                 | 3     |
| 1:46.84 | 198    | H     | 03/07/22 | Dover Lifeguard SC Club Champs 2022               | Dover   | Dover Life      | 4     |
| 1:50.05 | 181    | F     | 27/02/22 | Bromley SC Winter Gold 2022                       | Dover   |                 | 3     |
| 1:59.63 | 141    | H     | 17/10/21 | Dover Lifeguard Club Champs 2021                  | Dover   | Dover Life      | 4     |
| 2:04.10 | 126    | H     | 10/08/21 | Dover Lifeguards                                  | Dover   | Dover Life      | 0     |
| 2:04.11 | 126    | H     | 20/07/21 | Dover Lifeguard                                   | Dover   | Dover Life      | 0     |

## Swims in Date Order

| Time    | WA Pts | Round | Date     | Meet  | Venue   | Club Swam Under | Level |
|---------|--------|-------|----------|---|---------|-----------------|-------|
| 1:32.19 | 309    | H     | 09/06/24 | Dover Lifeguard Club Championships 2024           | Dover   | Dover Life      | 4     |
| 1:35.19 | 281    | H     | 19/05/24 | East Invicta eXcel Development Meet 2024          | Dover   | Dover Life      | 3     |
| 1:33.00 | 301    | H     | 03/12/23 | Thanet SC Speedo Festive Meet 2023                | Margate | Dover Life      | 3     |
| 1:32.66 | 304    | H     | 04/06/23 | Dover Lifeguard Club Club Championships 2023      | Dover   | Dover Life      | 4     |
| 1:37.89 | 258    | H     | 07/01/23 | Dover Lifeguards & Herne Bay SCs Icebreakers 2023 | Dover   |                 | 3     |
| 1:46.84 | 198    | H     | 03/07/22 | Dover Lifeguard SC Club Champs 2022               | Dover   | Dover Life      | 4     |
| 1:50.05 | 181    | F     | 27/02/22 | Bromley SC Winter Gold 2022                       | Dover   |                 | 3     |
| 1:59.63 | 141    | H     | 17/10/21 | Dover Lifeguard Club Champs 2021                  | Dover   | Dover Life      | 4     |
| 2:04.10 | 126    | H     | 10/08/21 | Dover Lifeguards                                  | Dover   | Dover Life      | 0     |
| 2:04.11 | 126    | H     | 20/07/21 | Dover Lifeguard                                   | Dover   | Dover Life      | 0     |