

Individual Best Times (All Time)

Verity Nicholas - (1381006) - Dover Lifeguard Swimming Club - 100 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:08.45	395	F	23/03/24	Kent Junior League 2024 Round 1	Dover	Dover Life	4
1:08.51	394	F	22/06/24	Kent Junior League 2024 Round 2	Dover	Dover Life	4
1:08.73	390	F	25/02/24	Bromley SC Winter Gold Meet	Dover	Dover Life	3
1:08.83	389	H	06/01/24	Dover Lifeguard Club & Herne Bay SC Icebreaker 24	Dover	Dover Life	3
1:09.51	377	H	03/12/23	Thanet SC Speedo Festive Meet 2023	Margate	Dover Life	3
1:10.06	368	H	09/06/24	Dover Lifeguard Club Championships 2024	Dover	Dover Life	4
1:11.57	346	F	23/09/23	Kent Junior League Round 3	Dover		4
1:12.06	339	H	09/07/23	Dover Lifeguard Club Club Championships 2023	Dover	Dover Life	4
1:12.38	334	F	30/10/22	East Invicta ASA Championships	Dover	Dover Life	2
1:12.59	331	F	25/03/23	Kent Junior League 2023 Round 1	Bexleyheath		4
1:13.36	321	H	30/10/22	East Invicta ASA Championships	Dover	Dover Life	2
1:14.04	312	H	08/01/23	Dover Lifeguards & Herne Bay SCs Icebreakers 2023	Dover		3
1:14.10	311	F	12/03/23	Bromley SC Winter Gold 2023	Dover		3
1:14.60	305	H	04/12/22	Thanet Swim Club Speedo Festive Meet	Dover	Dover Life	3
1:14.96	301	H	18/09/22	East Invicta Championships	Dover	Dover Life	3
1:17.13	276	F	02/10/22	Bromley SC Autumn Gold 2022	Kent		3
1:20.03	247	F	28/05/22	Kent Weald Swim Squad Springtime Splash	Gillingham		3
1:20.65	241	H	10/07/22	Dover Lifeguard SC Club Champs 2022	Dover	Dover Life	4
1:22.53	225	H	09/01/22	Dover Lifeguard SC & Herne Bay SC Icebreakers 2022	Dover	Dover Life	3
1:23.17	220	F	27/02/22	Bromley SC Winter Gold 2022	Dover		3
1:28.89	180	H	04/12/21	Thanet SC Speedo Festive Qualifier	Hartdown	Dover Life	3
1:29.87	174	H	17/10/21	Dover Lifeguard Club Champs 2021	Dover	Dover Life	4
1:36.73	140	H	20/07/21	Dover Lifeguard	Dover	Dover Life	0
1:38.67	132	H	10/08/21	Dover Lifeguards	Dover	Dover Life	0

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