

Individual Best Times (All Time)

Verity Nicholas - (1381006) - Dover Lifeguard Swimming Club - 100 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:16.81	398	H	08/06/24	Dover Lifeguard Club Championships 2024	Dover	Dover Life	4
1:16.89	396	H	01/10/23	Dover Life Guard Club White Cliffs Gala 2023	Dover	Dover Life	3
1:20.07	351	H	09/07/23	Dover Lifeguard Club Club Championships 2023	Dover	Dover Life	4
1:20.61	344	H	25/06/23	Maidstone Level 3 Summer Development Meet 2023	Maidstone	Dover Life	3
1:24.93	294	H	16/10/22	Dover White Cliffs Open Gala 2022	Dover	Dover Life	3
1:25.21	291	H	19/11/22	East Invicta ASA Championships	Dover	Dover Life	2
1:27.78	266	F	19/11/22	East Invicta ASA Championships	Dover	Dover Life	2
1:29.04	255	F	02/10/22	Bromley SC Autumn Gold 2022	Kent		3
1:31.01	239	H	12/06/22	Dover Lifeguard SC Club Champs 2022	Dover	Dover Life	4
1:40.27	179	H	16/10/21	Dover Lifeguard Club Champs 2021	Dover	Dover Life	4
1:48.27	142	H	20/07/21	Dover Lifeguard	Dover	Dover Life	0
1:48.68	140	H	10/08/21	Dover Lifeguards	Dover	Dover Life	0

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1:48.27

142

H

20/07/21

Dover Lifeguard

Dover

Dover Life

0