

Individual Best Times (All Time)

Ella Plant - (1378085) - Cinderford & District SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:20.18	320	F	27/05/23	Southwold ASC May L3 Meet 2023	Gloucester		3
1:20.54	316	F	17/03/24	Gloucester City SC Spring L3 Open Meet	Gloucester		3
1:20.99	311	F	22/10/23	Gloucester City SC Autumn L2 Open Meet 2023	Gloucester		2
1:21.00	311	F	02/07/23	Gloucetser City SC Summer L3 Open Meet	Gloucester		3
1:21.63	304	F	04/12/22	Soundwell Swimming Club County Qualifier	GL1 LC		3
1:21.90	301	F	16/10/22	Gloucetser City Swimming Club L2 Autumn Open Meet	Gloucetser		2
1:21.91	300	F	12/11/22	Cinderford & District SC Low Level 4 Club Champs	Monmouth School		4
1:22.27	296	F	11/11/23	Cinderford & District LL4 Club Championships 2023	Monmouth		4
1:23.22	286	F	20/03/22	Gloucester City SC Spring Level 3 Open Meet	Gloucester		3
1:26.16	258	F	12/11/21	Cinderford & District SC Club Championships 2021	Cinderford		4
1:33.56	201	H	20/01/20	Gloucester County Championships	Gloucester	Cinderford	2
1:36.99	181	F	21/07/19	Summer Level 3 Open Meet	Gloucester	Cinderford	3
1:40.84	161	F	07/04/19	Soundwell Level 3 Open Meet	GL1 Leisure Centre	Cinderford	3
1:41.86	156	F	20/10/19	Gloucester City Autumn Level 23 Meet	GL1 Leisure Centre	Cinderford	2
1:42.51	153	F	02/12/18	Soundwell County Qualifier Open Meet 2018	Gloucester	Cinderford	3

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