

# Individual Best Times (All Time)

Grace Plant - (1378081) - Cinderford & District SC - 100 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:19.96	323	F	22/10/23	Gloucester City SC Autumn L2 Open Meet 2023	Gloucester		2
1:20.42	317	F	27/05/23	Southwold ASC May L3 Meet 2023	Gloucester		3
1:20.58	316	F	02/07/23	Gloucetser City SC Summer L3 Open Meet	Gloucester		3
1:21.19	309	F	17/03/24	Gloucester City SC Spring L3 Open Meet	Gloucester		3
1:22.39	295	F	03/07/22	Gloucester City Swimming Club Summer L3 Open Meet	Gloucester		3
1:22.43	295	F	12/11/22	Cinderford & District SC Low Level 4 Club Champs	Monmouth School		4
1:22.94	289	F	11/11/23	Cinderford & District LL4 Club Championships 2023	Monmouth		4
1:24.43	274	F	16/10/22	Gloucetser City Swimming Club L2 Autumn Open Meet	Gloucetser		2
1:25.88	261	F	30/10/21	City of Bristol Early Bird Meet	Bristol		3
1:26.82	252	F	04/12/21	Soundwell SC Level 3 County Qualifier	Bristol		3
1:26.90	252	F	12/11/21	Cinderford & District SC Club Championships 2021	Cinderford		4
1:27.87	243	F	20/03/22	Gloucester City SC Spring Level 3 Open Meet	Gloucester		3
1:32.09	211	F	09/07/21	Cinderford & District	Freedom LC		0
1:32.62	208	H	20/01/20	Gloucester County Championships	Gloucester	Cinderford	2
1:36.73	182	F	20/10/19	Gloucester City Autumn Level 23 Meet	GL1 Leisure Centre	Cinderford	2
1:37.01	181	H	21/01/19	Gloucester County ASA Championships	Gloucester	Cinderford	2
1:37.29	179	F	21/07/19	Summer Level 3 Open Meet	Gloucester	Cinderford	3
1:37.66	177	F	11/11/19	Cinderford & District Club Championships 2019	Cinderford	Cinderford	4
1:37.85	176	F	07/04/19	Soundwell Level 3 Open Meet	GL1 Leisure Centre	Cinderford	3
1:40.00	165	F	02/12/18	Soundwell County Qualifier Open Meet 2018	Gloucester	Cinderford	3

## Swims in Date Order

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1:20.58	316	F	02/07/23	Gloucestser City SC Summer L3 Open Meet	Gloucester		3
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1:27.87	243	F	20/03/22	Gloucester City SC Spring Level 3 Open Meet	Gloucester		3
1:26.82	252	F	04/12/21	Soundwell SC Level 3 County Qualifier	Bristol		3
1:26.90	252	F	12/11/21	Cinderford & District SC Club Championships 2021	Cinderford		4
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