

# Individual Best Times (All Time)

Grace Plant - (1378081) - Cinderford & District SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
36.97	318	F	22/10/23	Gloucester City SC Autumn L2 Open Meet 2023	Gloucester		2
37.14	314	F	11/11/23	Cinderford & District LL4 Club Championships 2023	Monmouth		4
37.39	307	F	16/03/24	Gloucester City SC Spring L3 Open Meet	Gloucester		3
37.92	295	F	24/09/23	Gloucester City SC Autumn Level 3 Sprint Meet 2023	Gloucester		3
38.19	289	F	13/11/22	Cinderford & District SC Low Level 4 Club Champs	Monmouth School		4
38.25	287	F	02/12/23	Soundwell SC County Qualifier 2023	Hutton Moor LC		3
38.34	285	F	18/09/22	Gloucester City SC Autumn Level 3 Sprint Meet	Gloucester		3
38.40	284	F	16/10/22	Gloucetser City Swimming Club L2 Autumn Open Meet	Gloucetser		2
39.13	268	F	01/07/23	Gloucetser City SC Summer L3 Open Meet	Gloucester		3
40.31	245	F	04/12/21	Soundwell SC Level 3 County Qualifier	Bristol		3
40.49	242	F	31/10/21	City of Bristol Early Bird Meet	Bristol		3
40.55	241	F	20/03/22	Gloucester City SC Spring Level 3 Open Meet	Gloucester		3
40.72	238	F	12/11/21	Cinderford & District SC Club Championships 2021	Cinderford		4
43.58	194	H	24/11/19	BCLSC Low Level 4 Invitational Meet	Gloucester	Cinderford	4
44.04	188	F	21/07/19	Summer Level 3 Open Meet	Gloucester	Cinderford	3
44.84	178	F	13/11/19	Cinderford & District Club Championships 2019	Cinderford	Cinderford	4
45.68	168	F	06/04/19	Soundwell Level 3 Open Meet	GL1 Leisure Centre	Cinderford	3
46.99	155	F	01/12/18	Soundwell County Qualifier Open Meet 2018	Gloucester	Cinderford	3
47.88	146	F	14/11/18	Cinderford & District Club Championships 2018	Cinderford	Cinderford	4
49.31	134	F	15/07/18	GCSC Summer Meet 2018	Gloucester	Cinderford	3
57.37	85	F	15/11/17	Cinderford & District Club Championships 2017	Cinderford	Cinderford	4

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