

Individual Best Times (All Time)

Marley Bowe - (1375479) - City of Sunderland ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:47.89	518	H	26/05/24	South Tyneside 2024 Spring Meet	South Shields	Co Sund'land	3
4:49.44	510		09/12/23	York City BC Winter Swim Extravaganza 2023	Leeds		3
4:51.00	502	H	13/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	Co Sund'land	2
4:56.01	477	H	05/11/22	SE North East Age Group Championships (25m) 2022	Sheffield	Co Sund'land	2
4:57.78	468	H	17/09/23	Richmond Dales Iain Young Back to Pool Gala 2023	Middlesborough	Co Sund'land	3
4:59.45	460	H	14/10/22	BOSSS Winter Swimming Meet 2022	Billingham Forum	Co Sund'land	2
5:02.47	447	H	29/05/22	South Tyneside SC Spring Meet 2022	South Shields	Co Sund'land	3
5:11.54	409	H	27/03/22	Tynemouth ASC March Gala 2022	North Shields	Co Sund'land	3
5:20.82	374	H	06/02/22	Durham City Aquatics Valentine Gala	Durham	Co Sund'land	3
5:23.83	364	H	12/12/21	Middlesbrough Christmas 2021 Meet	Middlesbrough	Co Sund'land	3
6:05.95	252	H	19/09/21	Richmond Dales The Iain Young Back to Pool Gala	Middlesbrough	Co Sund'land	3
7:47.71	120	H	17/02/19	Durham City Valentines Gala	Durham	Co Sund'land	3

Swims in Date Order

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7:47.71

120

H

17/02/19

Durham City Valentines Gala

Durham

Co Sund'land

3