

Individual Best Times (All Time)

Marley Bowe - (1375479) - City of Sunderland ASC - 50 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

| Time | WA Pts | Round | Date | Meet | Venue | Club Swam Under | Level |
|-------|--------|-------|----------|----------------------------------------------------|------------------|-----------------|-------|
| 29.94 | 449 | H | 26/05/24 | South Tyneside 2024 Spring Meet | South Shields | Co Sund'land | 3 |
| 30.29 | 433 | F | 16/07/23 | Gateshead & Whickham ASC Summer Meet 2023 | Gateshead | Co Sund'land | 3 |
| 30.46 | 426 | H | 16/07/23 | Gateshead & Whickham ASC Summer Meet 2023 | Gateshead | Co Sund'land | 3 |
| 30.49 | 425 | H | 28/05/23 | South Tyneside SC Spring Meet 2023 | South Shields | Co Sund'land | 3 |
| 30.71 | 416 | H | 19/11/22 | Stockport Metro November Short Course Open Meet 22 | Stockport | Co Sund'land | 2 |
| 31.33 | 392 | H | 15/10/22 | BOSSS Winter Swimming Meet 2022 | Billingham Forum | Co Sund'land | 2 |
| 32.27 | 358 | H | 20/09/22 | City of Sunderland ASC Club Champs 2022 | Sunderland | Co Sund'land | 4 |
| 33.28 | 327 | H | 30/10/21 | City of Sunderland Spooktacular 2021 | Sunderland | Co Sund'land | 3 |
| 34.00 | 306 | H | 09/01/22 | Billingham New Year Meet | Billingham | Co Sund'land | 3 |
| 34.33 | 297 | H | 11/12/21 | Middlesbrough Christmas 2021 Meet | Middlesbrough | Co Sund'land | 3 |
| 36.14 | 255 | H | 03/07/21 | City of Sunderland | Sunderland | Co Sund'land | 0 |
| 37.98 | 220 | H | 05/01/20 | Billingham New Year Meet | Billingham | Co Sund'land | 3 |
| 37.99 | 219 | H | 08/02/20 | Durham City Valentine Gala | Durham | Co Sund'land | 3 |
| 39.94 | 189 | H | 07/12/19 | Middlesbrough Christmas 2019 Meet | Middlesbrough | Co Sund'land | 3 |
| 40.63 | 179 | H | 09/11/19 | Wear Valley ASC November Level 3 Meet 2019 | Bishop Auckland | Co Sund'land | 3 |
| 42.09 | 161 | H | 06/04/19 | GAW Spring Meet | Dunston LC | Co Sund'land | 3 |
| 42.50 | 157 | H | 20/10/19 | Middlesbrough ASC Halloween 2019 Meet | Middlesbrough | Co Sund'land | 2 |
| 43.30 | 148 | H | 19/05/19 | Newcastle Swim Team Invitational Shrimp Meet | Stanley | Co Sund'land | 4 |
| 44.02 | 141 | H | 28/04/19 | South Tyneside Spring Meet 2019 | South Shields | Co Sund'land | 3 |
| 44.48 | 136 | H | 13/10/19 | Newcastle Swim Team Invitational Shrimp | Dunston Pool | Co Sund'land | 4 |
| 44.64 | 135 | H | 17/03/19 | Newcastle Swim Team Invitational Shrimp Meet | Stanley | Co Sund'land | 4 |
| 47.28 | 114 | H | 22/09/18 | Newcastle Swim Team Invitational Shrimp Meet | Stanley | Co Sund'land | 4 |
| 48.37 | 106 | H | 06/01/19 | Billingham New Year Meet 2019 | Billingham | Co Sund'land | 3 |
| 48.79 | 103 | H | 06/10/18 | Derwentside ASC Invitation Meet | Stanley | Co Sund'land | 4 |
| 49.18 | 101 | H | 13/09/18 | City of Sunderland Club Championships 2018 | Sunderland | Co Sund'land | 4 |
| 52.82 | 81 | H | 09/12/18 | Newcastle Swim Team Invitational Shrimp Meet | Stanley | Co Sund'land | 4 |
| 53.00 | 80 | H | 22/04/18 | Newcastle Swim Team Invitational Shrimp Meet | Stanley | Co Sund'land | 4 |

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|-------|----|---|----------|----------------------------------------------|---------|---------------|---|
| 33.09 | 80 | H | 22/04/18 | Newcastle Swim Team Invitational Shrimp Meet | Stanley | Co Sunderland | |
| 54.21 | 75 | H | 14/01/18 | Newcastle Swim Team Invitational Shrimp Meet | Stanley | Co Sund'land | 4 |

Swims in Date Order

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|-------|--------|-------|----------|----------------------------------------------------|------------------|-----------------|-------|
| 29.94 | 449 | H | 26/05/24 | South Tyneside 2024 Spring Meet | South Shields | Co Sund'land | 3 |
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| 30.71 | 416 | H | 19/11/22 | Stockport Metro November Short Course Open Meet 22 | Stockport | Co Sund'land | 2 |
| 31.33 | 392 | H | 15/10/22 | BOSSS Winter Swimming Meet 2022 | Billingham Forum | Co Sund'land | 2 |
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| 33.28 | 327 | H | 30/10/21 | City of Sunderland Spooktacular 2021 | Sunderland | Co Sund'land | 3 |
| 36.14 | 255 | H | 03/07/21 | City of Sunderland | Sunderland | Co Sund'land | 0 |
| 37.99 | 219 | H | 08/02/20 | Durham City Valentine Gala | Durham | Co Sund'land | 3 |
| 37.98 | 220 | H | 05/01/20 | Billingham New Year Meet | Billingham | Co Sund'land | 3 |
| 39.94 | 189 | H | 07/12/19 | Middlesbrough Christmas 2019 Meet | Middlesbrough | Co Sund'land | 3 |
| 40.63 | 179 | H | 09/11/19 | Wear Valley ASC November Level 3 Meet 2019 | Bishop Auckland | Co Sund'land | 3 |
| 42.50 | 157 | H | 20/10/19 | Middlesbrough ASC Halloween 2019 Meet | Middlesbrough | Co Sund'land | 2 |
| 44.48 | 136 | H | 13/10/19 | Newcastle Swim Team Invitational Shrimp | Dunston Pool | Co Sund'land | 4 |
| 43.30 | 148 | H | 19/05/19 | Newcastle Swim Team Invitational Shrimp Meet | Stanley | Co Sund'land | 4 |
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