

# Individual Best Times (All Time)

Daniel Hepplestone - (1371445) - City of Linc Pentaqua SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:33.50	467	H	27/01/24	Lincolnshire County Championships 2024	Grantham	Co Lincoln P	2
4:46.87	405	H	12/11/23	Grantham SC Long Distance Time Trial 2023	Grantham	Co Lincoln P	3
4:58.30	360	H	28/01/23	Lincolnshire County Championships 2023	Grantham	Lincoln Vulc	2
5:12.00	314	H	22/10/22	LV 400IM & Free Club Championships 2022	North Kesteven	Lincoln Vulc	4
5:44.77	233	H	09/10/21	Lincoln Vulcans 400 IM & Free Time Trial	North Kesteven	Lincoln Vulc	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:33.50	467	H	27/01/24	Lincolnshire County Championships 2024	Grantham	Co Lincoln P	2
4:46.87	405	H	12/11/23	Grantham SC Long Distance Time Trial 2023	Grantham	Co Lincoln P	3
4:58.30	360	H	28/01/23	Lincolnshire County Championships 2023	Grantham	Lincoln Vulc	2
5:12.00	314	H	22/10/22	LV 400IM & Free Club Championships 2022	North Kesteven	Lincoln Vulc	4
5:44.77	233	H	09/10/21	Lincoln Vulcans 400 IM & Free Time Trial	North Kesteven	Lincoln Vulc	4