Individual Best Times (All Time)

Daniel Hepplestone - (1371445) - City of Linc Pentaqua SC - 400 Individual Medley - Short Course Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:22.71	385	Н	27/01/24	Lincolnshire County Championships 2024	Grantham	Co Lincoln P	2
5:28.32	365	Н	12/11/23	Grantham SC Long Distance Time Trial 2023	Grantham	Co Lincoln P	3
5:51.75	297	Н	28/01/23	Lincolnshire County Championships 2023	Grantham	Lincoln Vulc	2
5:54.66	290	Н	22/10/22	LV 400IM & Free Club Championships 2022	North Kesteven	Lincoln Vulc	4

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