

Individual Best Times (All Time)

Cohen Leonard - (1369591) - Adwick (Doncaster) SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
36.84	216	H	13/11/22	Adwick ASC Home Championships	Adwick Leisure	Adwick	4
38.39	191	H	10/07/22	KUHSC End of Season Short Course	Hull	Donc Dartes	3
39.13	180		18/09/22	Beverley Barracudas County Qualifier	Beverley		3
39.98	169		11/09/22	Doncaster Dartes September Sprints	John Charles Centre		3
40.15	166	H	09/01/22	Harrogate & District SC Janus Meet 2022	Harrogate	Donc Dartes	3
40.39	164		06/03/22	Doncaster Dartes March Sprints	Adwick		3
41.08	155	H	03/10/21	Regional Qualifier SC Meet 2021	Ennerdale LC	Donc Dartes	3
41.69	149		07/12/21	Doncaster Dartes Swim Along A Santa	Beverley		3
42.38	141		12/09/21	Doncaster Dartes September Sprints 2021	John Charles LC		3
43.13	134	H	26/01/20	Alec James BML Individual Championships 2019	Adwick	Adwick	3
43.25	133	H	27/01/19	Alec James BML Individual Championships 2018	Adwick	Adwick	3
43.41	132	H	13/06/21	Doncaster Dartes	Adwick	Donc Dartes	0
43.63	130		02/06/19	Doncaster Dartes B Grade Meet	Adwick	Adwick	3
43.90	127		01/12/19	Doncaster Dartes Swim Along A Santa	Leeds	Adwick	3
44.18	125	H	06/01/19	HARROGATE JANUS A & B GRADE MEET	HARROGATE	Donc Dartes	3
44.31	124		01/03/20	Doncaster Dartes March Sprints	Adwick	Adwick	3
44.39	123		07/12/19	York City Baths Winter Swim Extravaganza 2019	Leeds	Donc Dartes	3
45.30	116		01/12/18	York City Winter Swim Extravaganza 2018	Leeds	Donc Dartes	3
45.38	115	H	09/11/19	Adwick Home Championships	Adwick	Adwick	4
45.47	114	H	28/01/18	Alec James BML Individual Championships 2017	Adwick	Adwick	3
45.53	114		08/06/19	Team Jorvik Viking Sprints 2019 Three Grades Meet	Leeds	Adwick	3
45.62	113	H	15/09/18	Yorkshire Winter Competition	Leeds	Donc Dartes	2
46.23	109	H	14/07/19	BOBSC 12th Annual Summer Sizzler	Leeds	Adwick	3
46.68	106	H	06/07/19	Kingston upon Hull Regional Qualifier 2019	Ennerdale LC	Donc Dartes	3
47.08	103	H	08/07/18	BOBSC 11th Annual Summer Sizzler	Leeds	Adwick	3
47.44	101	H	11/11/17	Adwick Home Championships	Adwick	Adwick	4
47.45	101		02/06/18	Doncaster Dartes B Grade Meet	Adwick	Adwick	3

47.43	101		03/03/18	Doncaster Darts B Grade Meet	Adwick	Adwick	
47.48	100		03/03/19	Doncaster Darts March Sprints	Adwick	Adwick	3
47.71	99	H	10/11/18	Adwick Home Championships	Adwick	Adwick	4

Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
36.84	216	H	13/11/22	Adwick ASC Home Championships	Adwick Leisure	Adwick	4
39.13	180		18/09/22	Beverley Barracudas County Qualifier	Beverley		3
39.98	169		11/09/22	Doncaster Darts September Sprints	John Charles Centre		3
38.39	191	H	10/07/22	KUHSC End of Season Short Course	Hull	Donc Darts	3
40.39	164		06/03/22	Doncaster Darts March Sprints	Adwick		3
40.15	166	H	09/01/22	Harrogate & District SC Janus Meet 2022	Harrogate	Donc Darts	3
41.69	149		07/12/21	Doncaster Darts Swim Along A Santa	Beverley		3
41.08	155	H	03/10/21	Regional Qualifier SC Meet 2021	Ennerdale LC	Donc Darts	3
42.38	141		12/09/21	Doncaster Darts September Sprints 2021	John Charles LC		3
43.41	132	H	13/06/21	Doncaster Darts	Adwick	Donc Darts	0
44.31	124		01/03/20	Doncaster Darts March Sprints	Adwick	Adwick	3
43.13	134	H	26/01/20	Alec James BML Individual Championships 2019	Adwick	Adwick	3
44.39	123		07/12/19	York City Baths Winter Swim Extravaganza 2019	Leeds	Donc Darts	3
43.90	127		01/12/19	Doncaster Darts Swim Along A Santa	Leeds	Adwick	3
45.38	115	H	09/11/19	Adwick Home Championships	Adwick	Adwick	4
46.23	109	H	14/07/19	BOBSC 12th Annual Summer Sizzler	Leeds	Adwick	3
46.68	106	H	06/07/19	Kingston upon Hull Regional Qualifier 2019	Ennerdale LC	Donc Darts	3
45.53	114		08/06/19	Team Jorvik Viking Sprints 2019 Three Grades Meet	Leeds	Adwick	3
43.63	130		02/06/19	Doncaster Darts B Grade Meet	Adwick	Adwick	3
47.48	100		03/03/19	Doncaster Darts March Sprints	Adwick	Adwick	3
43.25	133	H	27/01/19	Alec James BML Individual Championships 2018	Adwick	Adwick	3
44.18	125	H	06/01/19	HARROGATE JANUS A & B GRADE MEET	HARROGATE	Donc Darts	3
45.30	116		01/12/18	York City Winter Swim Extravaganza 2018	Leeds	Donc Darts	3
47.71	99	H	10/11/18	Adwick Home Championships	Adwick	Adwick	4
45.62	113	H	15/09/18	Yorkshire Winter Competition	Leeds	Donc Darts	2
47.08	103	H	08/07/18	BOBSC 11th Annual Summer Sizzler	Leeds	Adwick	3
47.45	101		03/06/18	Doncaster Darts B Grade Meet	Adwick	Adwick	3
45.47	114	H	28/01/18	Alec James BML Individual Championships 2017	Adwick	Adwick	3
47.44	101	H	11/11/17	Adwick Home Championships	Adwick	Adwick	4