

# Individual Best Times (All Time)

Aderes Litten - (1366244) - Flitwick Dolphins SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:24.15	363	H	16/09/23	Flitwick Dolphins Club Championships 2023	Flitwick	Flitwick	4
5:25.03	360	F	02/12/23	Biggleswade SC 6th Christmas Cracker 2023	Biggleswade		3
5:32.18	337	H	21/10/23	Flitwick Dolphins Open Meet 2023	Biggleswade	Flitwick	3
5:41.44	310	F	03/12/22	Biggleswade SC 4th Christmas Cracker Meet 2022	Biggleswade		3
5:43.04	306	H	15/10/22	Flitwick Dolphins Open Meet 2022	Biggleswade	Flitwick	3
5:51.93	283	F	27/11/22	Godalming ASC Club Championships 2022	Godalming		4
5:54.96	276	F	18/12/21	Biggleswade SC 4th Christmas Cracker	Biggleswade		3
5:57.56	270	H	17/09/22	Flitwick Dolphins SC Club Championships	Flitwick	Flitwick	4
6:04.00	256	H	18/09/21	Flitwick Dolphins SC Club Championships	Flitwick	Flitwick	4
6:10.47	243	F	22/06/21	Guildford City	Spectrum		0
6:42.68	189	F	08/12/19	3rd Christmas Cracker Open Meet	Biggleswade	Flitwick	3
6:55.20	172	H	05/10/19	Flitwick Dolphins SC Club Championships 2019	Flitwick	Flitwick	4

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6:55.20

172

H

05/10/19

Flitwick Dolphins SC Club Championships 2019

Flitwick

Flitwick

4