

Individual Best Times (All Time)

Aderes Litten - (1366244) - Flitwick Dolphins SC - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:57.86	321	F	15/06/24	Watford Terry Davies Legacy Meet 2024	Watford	Flitwick	3
2:58.59	317	H	24/09/23	Flitwick Dolphins Club Championships 2023	Flitwick	Flitwick	4
2:58.84	316	H	18/11/23	Putteridge SC Winter Short Course Open 2023	Luton	Flitwick	3
2:58.89	316	H	21/10/23	Flitwick Dolphins Open Meet 2023	Biggleswade	Flitwick	3
3:01.14	304	F	10/11/23	Godalming ASC Club Champs 2023	Godalming	Godalming	4
3:03.97	290	F	12/03/22	Linslade Crusaders Ruby Anniversary Open Meet	Bletchley		3
3:04.47	288	F	21/05/23	Cranleigh SC Summer Gala 2023	Cranleigh		3
3:06.52	278	F	25/03/23	Linslade Crusaders Mad March Meet 2023	Bletchley		3
3:07.50	274	F	03/12/22	Biggleswade SC 4th Christmas Cracker Meet 2022	Biggleswade		3
3:08.04	272	H	15/05/22	Windsor SC Spring Open Meet	Maidenhead	Flitwick	3
3:08.42	270	F	27/03/22	Amersham Inaugural Regional Qualifier Invitational	Chilterns Cen		3
3:08.63	269	H	18/09/22	Flitwick Dolphins SC Club Championships	Flitwick	Flitwick	4
3:09.88	264	F	19/11/22	City of Milton Keynes SC Autumn Meet 2022	Milton Keynes		3
3:12.23	254	F	18/11/22	Godalming ASC Club Championships 2022	Godalming		4
3:15.27	243	F	20/11/21	City of Milton Keynes SC Autumn Meet 2021	Milton Keynes		3
3:18.01	233	F	18/12/21	Biggleswade SC 4th Christmas Cracker	Biggleswade		3
3:21.26	221	F	15/06/21	Guildford City	Spectrum		0
3:53.72	141	F	30/06/19	Guildford City Swimming Club Championships	Guildford	Guildford Ct	4

Swims in Date Order

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