

Individual Best Times (All Time)

Aderes Litten - (1366244) - Flitwick Dolphins SC - 200 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:50.28	340	H	23/09/23	Flitwick Dolphins Club Championships 2023	Flitwick	Flitwick	4
2:53.42	322	F	14/04/24	Haslemere, Godalming & Fanham Mark Menzies Meet	Haslemere	Godalming	3
2:54.52	316	F	12/11/23	Godalming ASC Club Champs 2023	Godalming	Godalming	4
2:55.47	311	H	22/10/23	Flitwick Dolphins Open Meet 2023	Biggleswade	Flitwick	3
2:58.66	295	H	18/09/22	Flitwick Dolphins SC Club Championships	Flitwick	Flitwick	4
3:00.26	287	F	21/05/23	Cranleigh SC Summer Gala 2023	Cranleigh		3
3:02.96	274	F	20/11/22	Godalming ASC Club Championships 2022	Godalming		4
3:07.07	257	F	21/11/21	City of Milton Keynes SC Autumn Meet 2021	Milton Keynes		3
3:09.01	249	F	19/12/21	Biggleswade SC 4th Christmas Cracker	Biggleswade		3
3:09.05	249	F	12/03/22	Linslade Crusaders Ruby Anniversary Open Meet	Bletchley		3
3:11.84	238	H	17/10/21	Flitwick Dolphins Open 2021	Biggleswade	Flitwick	3
3:19.07	213	F	28/06/21	Guilford	Spectrum		0
3:42.51	152	H	21/09/19	Flitwick Dolphins SC Club Championships 2019	Flitwick	Flitwick	4
3:44.49	148	F	30/06/19	Guildford City Swimming Club Championships	Guildford	Guildford Ct	4

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