

# Individual Best Times (All Time)

Aderes Litten - (1366244) - Flitwick Dolphins SC - 50 Backstroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
36.27	337	F	25/06/23	Atlantis Summer Splash 2023	Horsham		3
37.02	317	H	21/10/23	Flitwick Dolphins Open Meet 2023	Biggleswade	Flitwick	3
37.12	314	F	25/03/23	Linslade Crusaders Mad March Meet 2023	Bletchley		3
37.14	314	F	08/10/23	Cranleigh SC Autumn Open Meet 2023	Cranleigh		3
37.24	311	F	10/11/23	Godalming ASC Club Champs 2023	Godalming	Godalming	4
37.28	310	F	12/05/23	Godalming ASC Spring Sprints 2023	Godalming		4
37.28	310	F	23/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	Flitwick	3
37.37	308	F	14/04/24	Haslemere, Godalming & Fanham Mark Menzies Meet	Haslemere	Godalming	3
37.56	303	F	03/12/23	Biggleswade SC 6th Christmas Cracker 2023	Biggleswade		3
37.60	302	F	15/06/24	Watford Terry Davies Legacy Meet 2024	Watford	Flitwick	3
37.72	299	H	24/09/23	Flitwick Dolphins Club Championships 2023	Flitwick	Flitwick	4
37.87	296	F	23/04/23	Mark Menzies Meet 2023	Haslemere		3
38.03	292	F	04/12/22	Biggleswade SC 4th Christmas Cracker Meet 2022	Biggleswade		3
38.27	287	F	09/06/24	Cranleigh ASC Summer Open Meet 2024	Cranleigh		3
39.16	268	F	12/03/22	Linslade Crusaders Ruby Anniversary Open Meet	Bletchley		3
39.62	258	F	19/11/22	City of Milton Keynes SC Autumn Meet 2022	Milton Keynes		3
39.95	252	H	15/10/22	Flitwick Dolphins Open Meet 2022	Biggleswade	Flitwick	3
40.02	251	F	18/11/22	Godalming ASC Club Championships 2022	Godalming		4
40.36	244	F	19/12/21	Biggleswade SC 4th Christmas Cracker	Biggleswade		3
41.48	225	F	20/11/21	City of Milton Keynes SC Autumn Meet 2021	Milton Keynes		3
43.41	196	H	14/07/21	Flitwick Dolphins	Flitwick	Flitwick	0
43.45	196	H	16/10/21	Flitwick Dolphins Open 2021	Biggleswade	Flitwick	3
43.73	192	F	10/05/21	Guildford City	Spectrum		0
43.82	191	F	29/02/20	CBSS Level2 Open Meet	Biggleswade	Flitwick	2
45.11	175	F	07/12/19	3rd Christmas Cracker Open Meet	Biggleswade	Flitwick	3
45.65	169	F	05/10/20	Guildford City SC	Guildford		0
46.01	162	F	22/11/19	Linslade Crusaders Almost Last Chance Open Meet	Bletchley	Flitwick	2

46.21	163	F	23/11/19	Linslade Crusaders Almost Last Chance Open Meet	Bletchley	Flitwick	3
47.28	152	H	06/10/19	Flitwick Dolphins SC Club Championships 2019	Flitwick	Flitwick	4
47.56	149	F	29/06/19	Guildford City Swimming Club Championships	Guildford	Guildford Ct	4

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
37.60	302	F	15/06/24	Watford Terry Davies Legacy Meet 2024	Watford	Flitwick	3
38.27	287	F	09/06/24	Cranleigh ASC Summer Open Meet 2024	Cranleigh		3
37.37	308	F	14/04/24	Haslemere, Godalming & Fanham Mark Menzies Meet	Haslemere	Godalming	3
37.28	310	F	23/03/24	Linslade Crusaders Mad March Meet 2024	Bletchley	Flitwick	3
37.56	303	F	03/12/23	Biggleswade SC 6th Christmas Cracker 2023	Biggleswade		3
37.24	311	F	10/11/23	Godalming ASC Club Champs 2023	Godalming	Godalming	4
37.02	317	H	21/10/23	Flitwick Dolphins Open Meet 2023	Biggleswade	Flitwick	3
37.14	314	F	08/10/23	Cranleigh SC Autumn Open Meet 2023	Cranleigh		3
37.72	299	H	24/09/23	Flitwick Dolphins Club Championships 2023	Flitwick	Flitwick	4
36.27	337	F	25/06/23	Atlantis Summer Splash 2023	Horsham		3
37.28	310	F	12/05/23	Godalming ASC Spring Sprints 2023	Godalming		4
37.87	296	F	23/04/23	Mark Menzies Meet 2023	Haslemere		3
37.12	314	F	25/03/23	Linslade Crusaders Mad March Meet 2023	Bletchley		3
38.03	292	F	04/12/22	Biggleswade SC 4th Christmas Cracker Meet 2022	Biggleswade		3
39.62	258	F	19/11/22	City of Milton Keynes SC Autumn Meet 2022	Milton Keynes		3
40.02	251	F	18/11/22	Godalming ASC Club Championships 2022	Godalming		4
39.95	252	H	15/10/22	Flitwick Dolphins Open Meet 2022	Biggleswade	Flitwick	3
39.16	268	F	12/03/22	Linslade Crusaders Ruby Anniversary Open Meet	Bletchley		3
40.36	244	F	19/12/21	Biggleswade SC 4th Christmas Cracker	Biggleswade		3
41.48	225	F	20/11/21	City of Milton Keynes SC Autumn Meet 2021	Milton Keynes		3
43.45	196	H	16/10/21	Flitwick Dolphins Open 2021	Biggleswade	Flitwick	3
43.41	196	H	14/07/21	Flitwick Dolphins	Flitwick	Flitwick	0
43.73	192	F	10/05/21	Guildford City	Spectrum		0
45.65	169	F	05/10/20	Guildford City SC	Guildford		0
43.82	191	F	29/02/20	CBSS Level2 Open Meet	Biggleswade	Flitwick	2
45.11	175	F	07/12/19	3rd Christmas Cracker Open Meet	Biggleswade	Flitwick	3
46.21	163	F	23/11/19	Linslade Crusaders Almost Last Chance Open Meet	Bletchley	Flitwick	3
47.28	152	H	06/10/19	Flitwick Dolphins SC Club Championships 2019	Flitwick	Flitwick	4
47.56	149	F	29/06/19	Guildford City Swimming Club Championships	Guildford	Guildford Ct	4