

# Individual Best Times (All Time)

Theophilus Atanlusi - (1363665) - Newham & University of East Lond - 200 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:39.91	322	H	28/01/24	Romford Town Non County Qualifier Meet 2024	Romford	Bo Newham	3
2:44.09	298	H	02/07/23	Romford Town SC End of Season Meet 2023	Basildon	Bo Newham	3
2:47.82	278	H	16/04/23	Romford Town Easter Open Meet	Basildon	Bo Newham	3
3:06.69	202	F	05/12/21	NUEL Late County Qualifier Open Meet 2021	Stratford		3
3:08.11	197	H	12/12/21	Romford Town SC Christmas Cracker Meet 2021	London	Bo Newham	3
3:19.46	166	F	10/10/21	NUEL Early County Qualifier Open Meet 2021	London		3
3:19.70	165	H	02/10/21	Swim England Essex Winter Championships 2021	Basildon	Bo Newham	2
3:19.70	165	H	02/10/21	Swim England Essex Winter Championships 2021	Basildon	Bo Newham	2
3:35.40	131	H	29/02/20	Thurrock Regional Qualifying Meet 2020	Grays	Epping For't	3
3:44.21	116	H	26/10/19	BPSC Autumn County Qualifier 2019	Basildon	Epping For't	3
3:47.02	112	H	15/06/19	8th Eric Shepherd Open Meet	Harlow	Epping For't	3
3:47.59	111	H	10/11/19	EFDCS Club Champs 2019	Loughton	Epping For't	4
3:58.43	97	H	29/09/19	Epping Forest District Season Opener Gala	Loughton	Epping For't	3

## Swims in Date Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
2:39.91	322	H	28/01/24	Romford Town Non County Qualifier Meet 2024	Romford	Bo Newham	3
2:44.09	298	H	02/07/23	Romford Town SC End of Season Meet 2023	Basildon	Bo Newham	3
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3:35.40	131	H	29/02/20	Thurrock Regional Qualifying Meet 2020	Grays	Epping For't	3
3:47.59	111	H	10/11/19	EFDCS Club Champs 2019	Loughton	Epping For't	4

3:44.21	116	H	26/10/19	BPSC Autumn County Qualifier 2019	Basildon	Epping For't	3
3:58.43	97	H	29/09/19	Epping Forest District Season Opener Gala	Loughton	Epping For't	3
3:47.02	112	H	15/06/19	8th Eric Shepherd Open Meet	Harlow	Epping For't	3