

Individual Best Times (All Time)

Chiara Valgolio - (1358436) - Darlington SC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:55.06	481	H	24/03/24	Tynemouth ASC NER Qualifier	Tynemouth	Darlington	3
4:56.26	475	H	28/05/23	South Tyneside SC Spring Meet 2023	South Shields	Darlington	3
4:56.89	472	H	17/03/23	Gateshead & Whickham ASC NER Qualifier Meet 2023	Gateshead	Darlington	3
4:57.49	470	H	14/10/22	BOSSS Winter Swimming Meet 2022	Billingham Forum	Darlington	2
4:57.76	468	H	13/03/22	Middlesbrough AA Grade 2022 Gala	Middlesbrough	Darlington	3
5:01.53	451	H	06/02/22	Durham City Aquatics Valentine Gala	Durham	Darlington	3
5:03.12	444	H	13/10/23	Bo Stockton Winter Swim Festival 2023	Billingham	Darlington	2
5:10.14	414	H	15/10/21	BOSSS Winter Swim Festival 2021	Billingham	Darlington	2
5:10.72	412	H	15/06/21	Darlington	Dolphin Centre	Darlington	0
5:57.27	271	H	29/09/19	South Tyneside Autumn Meet 2019	South Shields	Darlington	3

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