

Individual Best Times (All Time)

Millie Cammock - (1357631) - City of Sunderland ASC - 400 Freestyle - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
4:33.74	603	H	26/05/24	South Tyneside 2024 Spring Meet	South Shields	Co Sund'land	3
4:36.54	585	H	09/12/23	Scottish National Short Course Championships 2023	Edinburgh		2
4:37.37	579	H	17/09/23	Richmond Dales Iain Young Back to Pool Gala 2023	Middlesborough	Co Sund'land	3
4:40.37	561	F	18/12/22	Swim Wales Winter Championships 2022	Swansea		2
4:43.54	542	H	05/11/22	SE North East Age Group Championships (25m) 2022	Sheffield	Co Sund'land	2
4:47.97	518	H	29/05/22	South Tyneside SC Spring Meet 2022	South Shields	Co Sund'land	3
5:02.47	447	H	06/11/21	SE North East Region Age Group Championships 2021	Sheffield	Co Sund'land	2
5:03.37	443	H	12/12/21	Middlesbrough Christmas 2021 Meet	Middlesbrough	Co Sund'land	3
5:14.29	398	H	19/09/21	Richmond Dales The Iain Young Back to Pool Gala	Middlesbrough	Co Sund'land	3
5:22.03	370	H	03/07/21	City of Sunderland	Sunderland	Co Sund'land	0
5:26.39	355	H	08/12/19	Middlesbrough Christmas 2019 Meet	Middlesbrough	Co Sund'land	3
5:30.61	342	H	09/11/19	Wear Valley ASC November Level 3 Meet 2019	Bishop Auckland	Co Sund'land	3

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5:30.61

342

H

09/11/19

Wear Valley ASC November Level 3 Meet 2019

Bishop Auckland

Co Sund'land

3