

Individual Best Times (All Time)

Jake Adams - (1355767) - Louth Dolphins SC - 100 Breaststroke - Short Course

Performance Graph

Drag to Zoom, right click to reset.

Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
1:12.99	434	H	14/10/23	National Arena Swimming League East Mids R1 2023	Wellingborough	Louth	3
1:13.66	422	H	24/09/23	Louth SC L3 Club Champs 2023	Meridan	Louth	3
1:13.76	420	H	06/04/24	Rugby Open Meet 2024	Rugby	Louth	3
1:13.79	420	H	21/10/23	Lincoln Vulcans SC & Louth SC Level 3 Meet 2023	Louth	Louth	3
1:13.94	417	H	01/07/23	Rotherham Metro A & B Grade SC Meet 2023	Sheffield	Louth	3
1:13.94	417	H	04/11/23	SE EM Short Course Championships 2023	Nottingham	Louth	2
1:14.26	412	H	18/11/23	NOVA Centurion November Meet 2023	Nottingham	Louth	2
1:14.72	404	F	11/11/23	National Arena Swimming League East Mids R2 2023	Meridian LC		3
1:14.84	402	H	16/09/23	Derby Excel September Season Opener Meet 2023	Derby	Louth	2
1:16.70	374	H	04/02/23	Lincolnshire County Championships 2023	Louth	Louth	2
1:17.02	369	H	24/09/22	The eXcel September Spectacular	Derby	Louth	2
1:17.74	359	H	01/04/23	Kingston upon Hull SC A/B Easter SC Meet 2023	Hull	Louth	3
1:17.90	357	H	06/02/22	Lincolnshire ASA County Championships	Louth	Louth	2
1:17.98	356	H	03/12/22	Nuneaton & Bedworth SC Winter Open Meet	Nuneaton	Louth	3
1:18.10	354	H	09/12/23	National Arena Swimming League East Mids R3 2023	Grantham	Louth	3
1:18.13	354		09/07/22	Bridlington SC Seaside Special	Bridlington		3
1:18.51	349	H	09/04/22	KUHSC A/B Easter Short Course 2022	Hull	Louth	3
1:18.96	343	H	17/09/22	Rotherham Metro A & B Grade Short Course Meet	Sheffield	Louth	3
1:19.13	340	H	05/11/22	SE East Midlands Regional SC Championships 2022	Nottingham	Louth	2
1:19.16	340	H	16/10/21	Lincoln Vulcans & Louth Dolphins Level 3 Meet 2021	Louth	Louth	3
1:19.31	338	H	07/11/21	Louth SC Level 3 Club Champs 2021	Meridan	Louth	3
1:19.42	337	H	19/06/22	Lincoln Vulcans/Grantham Short Course L3 Meet 2022	Grantham	Louth	3
1:19.61	334	H	13/11/22	Louth SC Club Championships 2022	Louth	Louth	3
1:20.02	329	H	27/11/21	Nuneaton & Bedworth Winter Open Meet	Nuneaton	Louth	3
1:21.15	316	F	10/12/22	National Arena League - East Mids - Round 3 2022	Grantham		3
1:23.91	285	H	04/07/21	Level 4 Sportsman	Meridan	Louth	4
1:26.03	257	H	20/05/21	Louth SC Level 3 Club Champs 2021	Meridan LC	Louth	3

1:20.92	237	H	30/05/21	Louth	Meridian LC	Louth	0
1:27.51	252	F	08/02/20	Lincolnshire County Championships 2020	Louth	Louth	2
1:29.08	238	H	08/02/20	Lincolnshire County Championships 2020	Louth	Louth	2
1:32.04	216	H	19/10/19	Lincoln Vulcans & Louth Meridian Meet	Louth	Louth	3
1:32.59	212	H	05/10/19	LVSC Short Course Meet 2019	Sheffield	Louth	2
1:32.97	210	F	27/01/19	Lincolnshire County Championships 2019	Grantham	Louth	2
1:34.19	202	H	17/11/19	Louth Club Champs Session 2	Louth	Louth	3
1:35.01	196	H	30/11/19	Nuneaton & Bedworth Winter Open Meet	Nuneaton	Louth	3
1:35.73	192	H	27/01/19	Lincolnshire County Championships 2019	Grantham	Louth	2
1:36.55	187	H	06/04/19	KUHSC A&B Easter Short Course Meet 2019	Ennerdale LC	Louth	3
1:37.98	179	H	18/11/18	Louth Annual Club Championships 2018	Louth	Louth	3
1:38.14	178		06/07/19	21st Netherlands Invitational Meet 2019	Eindhoven	Louth	2
1:39.40	172		01/12/18	York City Winter Swim Extravaganza 2018	Leeds	Louth	3
1:39.96	169	H	06/10/18	Leicester Penguins Swimming Club 2018 Open Meet	Braunstone	Louth	3
1:41.71	160	H	17/06/18	LVSC Grantham Level 3	Grantham	Louth	3
1:47.65	135		18/03/18	Barracudas A B C Short Course Sprints Gala	Beverley	Louth	3
1:49.31	129	H	07/04/18	KUHSC A B Easter Short Course Meet 2018	Ennerdale	Louth	3
1:55.33	110	H	19/11/17	Louth Annual Club Championships 2017	Louth	Louth	4
1:57.66	103	H	07/10/17	Leicester Penguins 2017 Open Meet	Braunstone	Louth	3
2:01.03	95	H	24/06/17	City of Leeds Summer Meet 2017	Leeds	Louth	3
2:02.70	91	H	26/08/17	Sheffield City 14th Annual Open Sprints Meet	Sheffield	Louth	3
2:05.63	85	H	01/04/17	KUH SC A B Easter Short Course Meet	Kingston Upon Hull	Louth	3

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