

# Individual Best Times (All Time)

Jake Adams - (1355767) - Louth Dolphins SC - 400 Individual Medley - Short Course

Performance Graph

Drag to Zoom, right click to reset.

## Swims in Time Order

Time	WA Pts	Round	Date	Meet	Venue	Club Swam Under	Level
5:23.60	382	H	12/11/23	Louth SC L3 Club Champs 2023	Meridan	Louth	3
5:24.97	377	H	28/01/23	Lincolnshire County Championships 2023	Grantham	Louth	2
5:30.04	360	H	31/03/23	Kingston upon Hull SC A/B Easter SC Meet 2023	Hull	Louth	3
5:30.50	358	H	09/10/22	Louth SC Club Championships 2022	Louth	Louth	3
5:32.52	352	H	29/01/22	Lincolnshire ASA County Championships	Grantham	Louth	2
5:40.10	329	H	08/04/22	KUHSC A/B Easter Short Course 2022	Hull	Louth	3
5:43.79	318	H	27/11/21	Nuneaton & Bedworth Winter Open Meet	Nuneaton	Louth	3
5:46.39	311	H	10/10/21	Louth SC Level 3 Club Champs 2021	Meridan	Louth	3
5:54.14	291	H	06/06/21	Louth	Meridan	Louth	0
6:00.16	277	H	22/11/19	Louth Club Champs Session 3	Louth	Louth	3

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